

# Can't Run Cha-Cha (P)

拍數: 48      牆數: 0      級數: Partner  
編舞者: Billy Beene, Ella Beene, Blaine Haynes & Eva Haynes  
音樂: Can't Run from Yourself - Tanya Tucker



## Position: Side-by-side

1-2            Step forward left, step forward right  
3&4            Cha-cha-cha forward (left-right-left)  
5-6            Step back right, step back left  
7&8            Cha-cha-cha back (right-left-right)

**Release right hands at this time.**

9-10            **MAN:** Step left behind right, then step right to side (man is moving behind lady at this time)  
**LADY:** Start with the left foot, make a 2 count rolling turn, in front of man ending on his left side, facing LOD, connecting right hands

11&12            Cha-cha-cha going forward (left-right-left)

**Release left hands**

13-14            **MAN:** Step right behind left, then step left to side (man is moving behind lady at this time)  
**LADY:** Start with right foot, make a 2 count rolling turn in front of man, ending on his right side facing LOD, connecting left hands

15&16            Cha-cha-cha going forward (right-left-right)

17            Step forward on left foot

18            Slide right next to left

19            Step forward on left foot

20            Brush right forward

21            Release right hands and lift left hands as you cross right over left foot (placing ball of foot next to left side).

22            ½ turn to left (keep most of weight on left foot).

23&24            Cha-cha-cha moving forward (right-left-right connect right hands).

25            Step forward on left foot

26            Slide right next to left

27            Step forward on left foot

28            Brush right forward

29            Cross right over left (placing ball of foot next to left side).

30            ½ turn to left (keep most of weight on left foot).

31&32            Cha-cha-cha moving forward (right-left-right)

33            Step forward on left

34            Slide right up behind left

35&36            Rock forward on left, rock back on right, rock forward on left using cha-cha rhythm.

37            Step forward on right

38            Slide-left behind right

39&40            Rock forward on right, rock back on left, rock forward on right using cha-cha rhythm.

41            Step forward on left

42            Pivot ½ turn to right

43&44 Cha-cha-cha moving forward (left-right-left)  
45 Step forward on right  
46 Pivot  $\frac{1}{2}$  turn to left  
47&48 Cha-cha-cha moving forward (right-left-right)

**REPEAT**

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