

Can't Get Enough

COPPER **KNOB**
STEPSHEETS

拍數: 64 牆數: 2 級數: Advanced
編舞者: Roy Hadisubroto (IRE)
音樂: Can't Get Enough - Patty Loveless



1st Place European Country Western Dance Championships 2000

CROSS, ROCK STEP, STEP FORWARD, TURN ½, KICK 2X, HOLD, TURN ¼

- 1&2 Cross right over left, rock left to left side, recover on right
3&4 Step left forward, step right next to left and turn ½ left on left
5& Kick right diagonally to right side, step right next to left
6& Kick left diagonally to left, step left next to right
7&8 Hold, turn both feet ¼ to right (weight ended on left), hold

Arm/hands/head movements:

- 5& Point right finger diagonally right, put arm down
6& Point left finger diagonally left, put arm down
7 Stretch arms out forward, like making a stop sign with both hands, but put the palm of right hand on the back of the left hand
& (Arms and hands still in count 7 position) turn both hands down (bend elbows), turn hands inside out (do not touch your chest)
8 Stretch arms out forward, point out both forefingers to the front

WALK FORWARD, FULL TURN (ANCHOR RIGHT), SWEEP, SAILOR STEP FORWARD, CROSS, TURN ½

- 9-10 (Put arms down) step right forward, step left forward
11-12 Full turn to the right on left ended right across left shin (anchor), sweep right from the front to the back
13&14 Cross right behind left, step left to left side, step right forward
15-16 Cross left behind right, unwind ½ to the left (shift weight to left)

WALK FORWARD, SWIVELS ON LEFT/TWISTS ON RIGHT-TOE, ROCK STEP, SIDE CROSS SHUFFLE

- 17-18& Step right forward, step left forward, turn ¼ to the left on left (weight still on left)
19 Swivel left heel to the right and twist right toes start pointing the toes to the right
& Swivel left toe to the right and twist right toes to the left.
20 Swivel left heel to the right and twist right toes to the right
& (Shift weight to right) turn ¼ to the right on right
21-22 Rock left to left side, recover on right
23&24 Cross left over right, step right to right side, cross left over right

STEP OUT, TWIST RIGHT-TOES, SLIDE, KICK BALL TOUCH, KNEE POP, ¼ TURN LEFT

- 25&26 Step right wide to right side on ball right (weight on right ball, heel lifted, bent right knee), twist right-toes to left, twist right-toes to right
27-28 (Right leg straighten up and shift weight to left) drag right next to left

Arm/hands/head movements (The Thinker-style):

- 25-28 Cross left arm in front of your chest, putting your left hand under your right elbow, touch your chin with your right fingers
29&30 (Put arms down) kick right forward, step right next to left, touch left to left side (weight on right)
31-32 Pop left knee in, turn left and right ¼ to left (shift weight to left)

BRUSH, TOE, STEP TURN ½, HEEL, (REPEAT)

- 33-34 Brush right forward, touch right toe forward
35-36 Turn ½ to left lifting left heel and putting right heel down (35), put left heel down (36)

37-40 Repeat counts: 33-36

WALK FORWARD, FULL TURN, SYNCOPATED ROCK STEPS

41-42 Step right forward (5th position), step left forward (5th position)
43&44 Step right forward, full turn left on right, step left forward
45 Step right to right side
& Shift weight to left
46 Step right next to left
47&48 Step left to left side, shift weight to right, step left next to right

Arm/hands/head movements:

45 Cross right arm in front of right chest (elbow on arm height) make a fist (palm facing down)
& (Right arm) turn fist to the right to the right (arm moves along together)
46 (Right arm) put arm along the body (elbow bent, fist hand facing up)
47&48 Do the same with your left arm the counts 45&46

TOE TOUCHES, HEEL SWITCHES, TOUCH, HEEL JACK, STEP TURN ½

49&50& (Put arms down) touch right to right side, step right next to left, touch left to left side, step left next to right
51&52& Touch right heel forward, step right next to left, touch left heel forward, step left next to right
53&54& Touch right next to left, step back with right, touch left heel forward, step left next to right
55-56 Step right forward, pivot ½ turn left (shift weight to left)

STOMP, LIFT KNEE, STEP OUT, HOLD, TWIST, HOLD, TOUCH, HEEL JACK, TURN ¼, HOLD

57 Stomp right next to left
& Lift left knee hook left foot behind right leg
58 Step left out (2nd position)
59& Hold, twist on ball of both feet ¼ to the left (shift weight to left)
60 Hold
61 Touch right next to left
& Step right back

Arm/hands/head movements:

57 Lift your right hand up, arm bent, make a fist (palm side facing right cheek). While stomping with right, right elbow goes down at the same time
& Left arm stretching out to the left, palm of left hand facing to the left, right arm (still in bending position) turn ¼ to right next to the side of the body and open fist, and the head turn at the same time ¼ to right facing the palm of right hand.
58 Both arms across your body (put left arm on right arm and both elbows on arm height). Turn head ¼ to left (facing to the front)
59& Make a circle with both arms (still in position 58), up and down to the left
60 Turn head ¼ to the left, touch forehead with left hand, face looking down, right hand on right hip
61 Same position as count 60
& Arms down, head still the same direction as count 60 but face looking up

62 Touch left heel forward (weight on right)
63 Right and left turn ¼ to the right (left toe still lifted). At the end of the turn put left toe down
64 Hold (shift weight to left).

Arm/hands/head movements:

64 Head turn ¼ to the right (facing to the front)

REPEAT

TAG

On the 3rd wall, repeat counts 49-64, then continue with 4th wall. On the 5th wall, repeat 49-56 twice, then continue with count 57.

