

Can't Escape, Can't Forget

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Elaine "Lainey" Neck (UK)
音樂: Whole Again - Atomic Kitten



ROCK RIGHT FORWARD/LEFT BACK, RIGHT BACK LOCK STEP/ LEFT BACK LOCK STEP, ROCK BACK RIGHT, FORWARD LEFT

1-2 Rock forward on right, rock back on left
3&4 Step back right, lock left in front of right, step back right
5&6 Step back left, lock right in front of left, step back left
7-8 Rock back on right, rock forward on left

SIDE ROCK RIGHT/LEFT, CROSS STEP RIGHT, STEP LEFT, PIVOT ½ TURN RIGHT, RIGHT SIDE SHUFFLE, CROSS ROCK LEFT

1-2 Rock right-to-right side, rock left-to-left side
3-4 Cross right over in front of left, step left to left side
5&6 Pivot ½ turn over right shoulder stepping on to right, close left, step right
7-8 Cross rock left over in front of right, rock back on to right

STEP LEFT, CROSS RIGHT, ¼ TURN RIGHT STEPPING BACK LEFT, BACK RIGHT, HIP BUMPS, LEFT SHUFFLE

1-2 Step left-to-left side, cross right over left
3-4 Step ¼ turn right stepping back on left, step back on right
5&6 Bump hips left, right, left
7&8 Step forward left, close right beside left, step forward left

FULL TURN LEFT, RIGHT SHUFFLE, LEFT SHUFFLE, KICK BALL CHANGE

1-2 Full turn over left shoulder, stepping right left
3&4 Step forward right, close left beside right, step forward right
5&6 Step forward left, close right beside left, step forward left
7&8 Kick right forward, step right beside left, step left in place

REPEAT

TAG

On last wall (wall 9) optionally do the first 8 counts and finish with a full triple turn over left shoulder stepping, right, left, right
