

Can't Beat It

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Colleen Archer (AUS)
音樂: Beat It - Michael Jackson



1-2 Step right back, hold and raise left heel
3-4 Step left back, hold and raise right heel
5&6 Right coaster back
&7-8 Step left to side, step right to side, hold (optional fists out to side at hip height) (12:00)

1&2 Side shuffle left-right-left
&3 Step right slightly back, touch left heel forward
&4 Step left slightly back, touch right heel forward
&5-6 Step right slightly back, step left forward, slide right forward
7&8 Rock step right forward, replace weight left, step right beside left (12:00)

1-2 Step left forward, turn ½ right taking weight onto right
3&4 Turn ½ right with turning shuffle (left-right-left)
&5&6 Step right back, step cross left over right, step right back, small kick left forward
&7&8 Step left back, step cross right over left, step left back, small kick right forward (12:00)

Move backwards on counts &5-8

1-2 Long step back on right, slide step left beside right
3&4 Right coaster step (step right back, step left beside right, step right forward)
5-6 Touch left toe across right, unwind ¾ right taking weight left
7-8 Hold, click right fingers (tag and restart during 3rd vanilla) (9:00)

1-2& Step right to side, hold, step left beside right
3&4 Side shuffle to right side (right-left-right)
5&6 Kick left to left diagonal, step left back, step right forward
7-8 Turn ¼ right and step left back, touch right beside left (12:00)

&1-2 Hop/step right to side, step left beside right, hold and click right fingers
&3-4 Hop/step right to side, step left beside right, hold and click right fingers
5-6 Rock step right to side, replace weight left
7&8 Right sailor step turning ¼ right (right-left-right) (3:00)

1-2& Step left forward to diagonal, lock right behind left, step left slightly to side (Dorothy)
3-4 Step right forward to right diagonal, touch left beside right (optional click right fingers)
5-6& Step left forward to diagonal, lock right behind left, step left slightly to side (Dorothy)
7-8 Step right forward to right diagonal, touch left beside right (optional click right fingers) (3:00)

1-2 Step left forward, turn ½ right taking weight right
3&4 Step left forward, turn ¾ right and step right to side, step cross left over right
5-6 Step right to side, step left beside right (feet slightly apart)
7&8& Right swivet, left swivet (twist both feet to right with weight on right heel and left toe twist back to center, twist both feet to left with weight on left heel and right toe, twist back to center) (6:00)

REPEAT

TAG

- 1-4 Right toe strut to side, left toe strut across right
- 5-6 Rock right to side, replace weight onto left
- 7&8 Cross shuffle left (right-left-right)
- 1-4 Left toe strut to side, right toe strut across left
- 5-6 Rock left to side, replace weight back onto right
- 7-8 Step cross left over right, hold (optional - touch left toe across right, unwind full turn weight left)

RESTART

During third vanilla, dance to count 32, turn a full turn instead of $\frac{3}{4}$. Add tag. Restart dance facing front wall
After completing fifth vanilla, add tag twice, then restart dance

FINISH

During ninth vanilla, dance to count 28, touch left toe over right, unwind $\frac{1}{2}$ turn right (instead of $\frac{3}{4}$), now facing front, hold, click fingers and bow head
