

# Can You Rock? (Short Version)

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Terry Mchugh (UK)  
音樂: Old Time Rock & Roll - Bob Seger



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## RIGHT KICK BALL CHANGE, STOMPS TWICE, RIGHT KICK BALL CHANGE, STOMPS TWICE

1&2      Kick right leg forward, step right beside left, step left in place (weight on left)  
3-4      Stomp on right; push hips left, stomp on left, push hips right  
5-8      Repeat steps 1-4

## SHUFFLE RIGHT, BACK ROCK, ½ TURN RIGHT, CROSS SHUFFLE

1&2      Shuffle right stepping (right, left, right)  
3-4      Rock back on left, recover on right  
5-6      Step left to left side, pivot ½ turn right on left footstep right beside left  
7&8      Cross shuffle left, right, left

## STEP FORWARD ON RIGHT, WITH ¼ TURN RIGHT, STEP BACK ON LEFT, BACK SHUFFLE, BACK ROCK, FORWARD SHUFFLE

1-2      Step forward on right, with ¼ turn right, step back on left  
3&4      Shuffle back right, left, right  
5-6      Rock on left, rock on right  
7&8      Shuffle forward left, right, left

## HEEL JACKS AND DIAGONAL SLIDES TWICE

1&2&      Dig right heel forward, step right beside left, dig left heel forward, step left beside right  
3-4      Slide right diagonally forward step left beside right  
5&6&      Dig left heel forward, step left beside right, dig right heel forward, step right beside left  
7-8      Slide left diagonally forward, step right beside left, (weight on left)

**REPEAT**

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