

# Can You Keep With Me

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Carina Clarke (UK)  
音樂: Can You Keep With Me - Waylander



## SYNCOPATED KICKS, JUMP BACK, JUMP IN, WALK FORWARD

- 1&      Kick right forward, step right beside left
- 2&      Kick left forward, step left beside right
- 3      Kick right forward
- &4      Jump back, right then left, feet ending shoulder width apart
- &5      Jump feet in, right then left
- 6-8      Walk forward, stepping right, left, right(with attitude)

## LEFT SAILOR STEP, RIGHT SAILOR STEP, COASTER STEP, STEP ½ PIVOT LEFT

- 9&10      Cross left behind right, step right to right side, step left to place
  - 11&12      Cross right behind left, step left to left side, step right to place
- Sailor steps move slightly back, allow body to swing with music**
- 13&14      Step back left, step right beside left, step left forward
  - 15-16      Step forward right, pivot ½ turn left

## RIGHT & LEFT HIP BUMPS FORWARD, ROLLING FULL TURN RIGHT WITH TOUCH

- 17&18      Step forward right, bumping hips - right, left, right
- 19&20      Step forward left, bumping hips - left, right, left
- 21      Step right ¼ turn right
- 22      On ball of right make ½ turn right, stepping back left
- 23      On ball of left make ¼ turn right, stepping right to right side
- 24      Touch left beside right

## GRAPEVINE LEFT WITH ¼ TURN RIGHT, SHIMMY FORWARD & BACK

- 25&26      Step left to left side, cross right behind left
- 27      Step left to left side
- 28      Make sharp ¼ turn right, touching right toe in place
- 29-30      Shimmy bending forward for two counts
- 21-32      Shimmy back straightening up for two counts(weight ends on left)

**REPEAT**

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