

# Can You Help!

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Chris Hodgson (UK)  
音樂: I Can Help - Aaron Tippin



## HEEL TOUCHES FORWARD, TOE TOUCHES TO SIDES

- 1            Touch right heel forward
- 2            Step right in place
- 3            Touch left heel forward
- 4            Step left in place
- 5            Touch right toe to right side
- 6            Step right in place
- 7            Touch left toe to left side
- 8            Step left in place

## 2 X RIGHT KICK-BALL-CHANGES, VINE RIGHT

- 9&10        Kick right foot forward, step in place on right, step in place on left
- 11&12       Kick right foot forward, step in place on right, step in place on left
- 13           Step right to right side
- 14           Cross left behind right
- 15           Step right to right side
- 16           Touch left next to right

## THREE ¼ TURNS RIGHT, STOMP-STOMP

- 17           Step left slightly forward
- 18           Pivot ¼ turn right
- 19           Step left slightly forward
- 20           Pivot ¼ turn right
- 21           Step left slightly forward
- 22           Pivot ¼ turn right
- 23           Stomp left in place
- 24           Stomp right in place

## TOUCH SIDE, CROSS STEP TWICE, LEFT HEEL HOOK

- 25           Touch left to left side
- 26           Cross step left over in front of right
- 27           Touch right to right side
- 28           Cross step right over in front of left
- 29           Touch left heel forward
- 30           Hook left foot over in front of right knee
- 31           Touch left heel forward
- 32           Step left foot in place

**REPEAT**

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