

Can You Help!

拍數: 32 牆數: 4 級數: Beginner
編舞者: Chris Hodgson (UK)
音樂: I Can Help - Aaron Tippin



HEEL TOUCHES FORWARD, TOE TOUCHES TO SIDES

- 1 Touch right heel forward
- 2 Step right in place
- 3 Touch left heel forward
- 4 Step left in place
- 5 Touch right toe to right side
- 6 Step right in place
- 7 Touch left toe to left side
- 8 Step left in place

2 X RIGHT KICK-BALL-CHANGES, VINE RIGHT

- 9&10 Kick right foot forward, step in place on right, step in place on left
- 11&12 Kick right foot forward, step in place on right, step in place on left
- 13 Step right to right side
- 14 Cross left behind right
- 15 Step right to right side
- 16 Touch left next to right

THREE ¼ TURNS RIGHT, STOMP-STOMP

- 17 Step left slightly forward
- 18 Pivot ¼ turn right
- 19 Step left slightly forward
- 20 Pivot ¼ turn right
- 21 Step left slightly forward
- 22 Pivot ¼ turn right
- 23 Stomp left in place
- 24 Stomp right in place

TOUCH SIDE, CROSS STEP TWICE, LEFT HEEL HOOK

- 25 Touch left to left side
- 26 Cross step left over in front of right
- 27 Touch right to right side
- 28 Cross step right over in front of left
- 29 Touch left heel forward
- 30 Hook left foot over in front of right knee
- 31 Touch left heel forward
- 32 Step left foot in place

REPEAT
