Can I Dream



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Lucy Davies (UK) & Charlotte Macari (UK) 音樂: I Can Dream - Stacy Dean Campbell



WALK RIGHT, LEFT, RIGHT, TOUCH & KICK AND HEEL & TOUCH, SKATE, SKATE

1-2-3 Walk forward, right left right

4&5 Touch left toe beside right (and slightly back), step back on left foot (5th position), kick right

foot forward

&6&7 Step back on right foot (5th position), touch left heel forward, step left foot in place, touch

right toe beside left

8-1 Skate to right diagonal, skate to left diagonal

ROCK FORWARD RIGHT, 1 ½ TURNS RIGHT, ROCK FORWARD LEFT, LEFT LOCK STEP BACK

2-3 Rock forward on right foot, recover weight onto left

4&5 Make 1 ½ turns over right shoulder tripling right, left right (option: ½ turn shuffle)

6-7 Rock forward on left, recover weight onto right

Step back on left, lock right in front of left, step back on left

ROCK TURN TOUCH, CROSS POINT, CROSS 1/4 TURN POINT, 1/2 TURN RIGHT

&2&3 Rock back on right making ¼ turn right, touching left toe to side, rock back onto left foot

making 1/4 turn left and touch right toe beside left

4-5 Cross right over left, point left toe to side

6-7 Cross left over right, making ¼ turn left point right toe to side

Cross right in front of left, make ¼ turn right and step left foot back, make another ¼ turn right

and take a large step to the right

LEFT ROCK AND SLIDE, RIGHT ROCK AND SLIDE, COASTER STEP, ½ TURN SWEEP

2&3 Rock back on left (5th position), recover weight to right, take a large slide to the left Rock back on right (5th position), recover weight to left, take a large slide to the right

6&7 Step back on left, close right to left, step forward on left

8 On ball of left making ½ turn left, sweeping right toe round and touching beside left

REPEAT