California Surfin'

拍數: 32

級數: Improver

編舞者: Henry Costa (USA)

音樂: Surf City - Jan & Dean

FORWARD RIGHT, CLAP TWICE, FORWARD LEFT, CLAP ONCE, FORWARD RIGHT, CLAP TWICE, FORWARD LEFT, CLAP ONCE

- 1&2 Step right forward, hold in place: clap twice
- 3-4 Step left forward, hold in place: clap once
- 5&6 Step right forward, hold in place: clap twice
- 7-8 Step left forward, hold in place: clap once

FORWARD RIGHT, RECOVER LEFT, BACK RIGHT, FORWARD RECOVER LEFT, BALL TURN ¼ RIGHT, LEFT TOUCH NEXT TO RIGHT, ¼ TURN SLIDE FORWARD, SLIDE TOUCH FORWARD

- 1-2 Step right forward, recover weight back left
- 3-4 Step right back, forward recover weight on left
- 5-6 Step on ball of right with ¼ turn placing weight on right, slide left with toe touch next to right (when ¼ turn is being executed)
- 7-8 Slide step left forward 1/4 turn to left, slide forward touching right next to left

SLIDE STEP WITH ¼ TURN LEFT, SLIDE TOUCH NEXT TO RIGHT, FORWARD ¼ TURN LEFT, SLIDE TOUCH NEXT TO LEFT, SLIDE TO RIGHT WITH TOE TOUCH, SLIDE BACK TO LEFT WITH TOE TOUCH

- 1-2 Slide step forward on ball of right with a ¼ turn left dropping weight on right, slide touch left next to right
- 3-4 Step forward left with 1/4 turn left, slide right with toe touch next to left
- 5-6 Slide step to right with right, slide left with touch next to right
- 7-8 Slide step to left with left, slide right with touch next to left

FORWARD RIGHT, LEFT LOCK BEHIND RIGHT, FORWARD ½ TURN RIGHT, SLIDE LEFT TOUCH, ½ TURN FORWARD LEFT, RIGHT FORWARD LOCK, FORWARD LEFT, SLIDE TOUCH RIGHT

- 1-2 Forward right, left slide up and behind right (lock)
- 3-4 Forward right on ball with ¼ turn, slide left touch next to right
- 5-6 ¹/₄ turn step forward with left, right slide up and behind (lock)
- 7-8 Forward with left, slide touch right next to left (weight on left)

REPEAT





牆數:2