

California Stomp

拍數: 64 牆數: 0 級數:
編舞者: Ron Holiday
音樂: A Real Good Way to Wind Up Lonesome - James House



STOMP, CLAP, STOMP, CLAP, SHUFFLE, STOMP, CLAP

1-4 Stomp right forward, clap, stomp right forward, clap
5&6-7-8 Shuffle forward right, left, right, stomp left forward, clap

LEFT SHUFFLE, BACK, ROCK, RIGHT SHUFFLE, BACK, ROCK

9&10 Shuffle to the left on left, right, left
11-12 Step back on right, rock forward on to the left
13&14 Shuffle to the right on right, left, right
15-16 Step back on left, rock forward on to the right

SHUFFLE, STEP, PIVOT ½, SHUFFLE, SHUFFLE

17&18 Shuffle forward left, right, left
19-20 Step right forward, pivot turning ½ left
21&22 Shuffle forward right, left, right
23&24 Shuffle forward left, right, left

STOMP, CLAP, STOMP, CLAP, SHUFFLE, STOMP, CLAP

25-28 Stomp right forward, clap, stomp right forward, clap
29&30-31-32 Shuffle forward right, left, right, stomp left forward, clap

ROLLING GRAPEVINE LEFT, STOMP/CLAP, ROLLING GRAPEVINE RIGHT, STOMP/CLAP

33-34 Step left on left foot turning ¼ left, cross right foot over left foot pivoting ½ left
35-36 Step left on left foot turning ¼ left, stomp right and clap
37-38 Step right on right foot turning ¼ right, cross left foot over right foot pivoting ½ right
39-40 Step right on right foot turning ¼ right, stomp left and clap

OUT-OUT, IN-IN, OUT-OUT, CLAP, IN-IN, OUT-OUT, IN-IN, CLAP

&41 Step left to left, step right to right
&42 Step left to center, step right to center
&43 Step left to left, step right to right
44 Clap
&45 Step left to center, step right to center
&46 Step left to left, step right to right
&47 Step left to center, step right to center
48 Clap

DIAGONAL STEP, TOGETHER, STEP, TOGETHER, DIAGONAL STEP, TOGETHER, STEP, TOGETHER

49-50 (Turning slightly to the right) step right to right, step left together
51-52 Step right to right, step left together
53-54 (Turning slightly to the left) step left to left, step right together
55-56 Step left to left, step right together

KICK-BALL-CHANGE, STEP, PIVOT ½, KICK-BALL-CHANGE, STEP, PIVOT ½

57&58 Kick right foot forward, quickly step on right, then left
59-60 Step right forward, pivot turning ½ left
61&62 Kick right foot forward, quickly step on right, then left

63-64

Step right forward, pivot turning $\frac{1}{2}$ left

REPEAT
