

Cheap Seats

拍數: 76 牆數: 2 級數: Intermediate
編舞者: Michelle Perry (UK)
音樂: The Cheap Seats - The Cheap Seats



RIGHT TOE TOUCH - KNEE POPS

1-2 Touch right foot out to right side, back to place
3-4 Bend left knee forward, bend right knee forward as you straighten left
5-6 Bend left knee forward as you straighten right, touch left foot next to right

LEFT TOE TOUCH - KNEE POPS

7-8 Touch left foot out to side, back to place
9-10 Bend right knee forward, bend left knee forward as you straighten right
11-12 Bend right knee forward as you straighten left, touch right foot next to left

TOES - HEELS - SHUFFLES

13-14 Touch right toes next to left, touch right heel next to left
15&16 Right shuffle forward
17-18 Touch left toes next to right, touch left heel next to right
19&20 Left shuffle forward

HOP BACK - STOMP

21-22 Hop back twice on left (alternative steps - walk back right, left)
23-24 Stomp right, stomp left

TOES - HEELS - SHUFFLES

25-26 Touch right toes next to left, touch right heel next to left
27&28 Right shuffle forward
29-30 Touch left toes next to right, touch left heel next to right
31&32 Left shuffle forward

HOP BACK - STOMP

33-34 Hop back twice on left (alternative steps - walk back right, left)
35-36 Stomp right, stomp left

RIGHT HEEL TOE, LEFT TOE HEEL - RIGHT VINE (ALTERNATIVE STEPS)

37-38 Step right heel to side, slap right toes down (step right out to side, hold)
39-40 Step left toes behind right, slap left heel down (step left behind right, hold)
41-42 Step right to side, step left behind right
43-44 Step right to side, stomp left next to right

LEFT HEEL TOE, RIGHT TOE HEEL - LEFT VINE (ALTERNATIVE STEPS)

45-46 Step left heel to side, slap left toes down. (step left out to side, hold)
47-48 Step right toes behind left, slap right heel down. (step right behind left, hold)
49-50 Step left to side, step right behind left
51-52 Step left to side, stomp right next to left

HIP BUMPS, SLIDE, CLAP

53-54 Step right forward (at 45 degree angle to right) bumping hips twice
55-56 Slide left up to right, clap hands
57-58 Step left forward (at 45 degree angle to left) bumping hips twice

59-60 Slide right up to left, clap hands

JAZZ BOX WITH ¼ TURN RIGHT (2)

61-62 Step right over left, step left back

63-64 Step right making a ¼ turn over right shoulder, step left next to right

65-66 Step right over left, step left back

67-68 Step right making a ¼ turn over right shoulder, step left next to right

MONTEREY TURN

69 Touch right out to side

70 Back to place making a ¼ turn over right shoulder on ball of left foot

71-72 Touch left out to side, step left back to place

73 Touch right out to side

74 Back to place making a ¼ turn over right shoulder on ball of left foot

75-76 Touch left out to side, step left back to place

REPEAT
