Chat Korn Ma Li



拍數: 32 牆數: 4 級數: Improver

編舞者: Chen Kuo-Wei (SG)

音樂: Chat Korn Ma Li, Chat Ni Caron - Thongchai McIntyre



BODY ROCKS FORWARD, 1/2 TURN RIGHT, SHUFFLES

1-2 Rock forward on right foot, recover on left

Arms: drop right arm & shoulder as you rock forward, fingers open with lots of attitude. Left hand raised in tandem behind you

3-4 Rock forward on right foot, recover on left, make ½ turn right (arms: repeat as above)

5&6 Shuffle right, left, right (now facing back wall)

7&8 Shuffle left, right, left

RIGHT JAZZ-BOX, 1/4 TURN RIGHT, SHUFFLE, HIP SWAYS

1-2 Rock forward on right, recover on left & make a ¼ turn right

3&4 Shuffle right, left, right (now facing 9:00)

5-6 Step on left foot, sway hip to the left & to the right

Arms: both hands raised by your side, index fingers pointing to temples & wave in tandem with music

7-8 Repeat above counts 5-6

'MARCHING' WALK ON SQUARE BOX (START WITH WEIGHT ON RIGHT)

1-2 March left foot forward, followed by right foot forward & slightly apart but in line

3-4 Recover left foot backwards, followed by right foot backwards slightly apart but in line

Arms: raise both arms close to body & allow natural rotating movements at shoulder like you would experience if you were to go for brisk walking

5-8 Repeat counts 1-4 above

STEP TOUCHES TO LEFT & RIGHT, HIP SWAYS

1-2 Step left foot to left, touch right foot next to left

Arms: left arm outstretched to the left, right hand "brushed" across your face with both palms open. Head also tilting to the left, as though waving at the "rescue party"

3-4 Do a mirror image of count 1-2 on the right

5-6 Step on left foot, sway hip to the left & to the right

Arms: both hands raised by your side, index fingers pointing to temples & wave in tandem with music

7-8 Sway hip to the left, touch right foot next to left (transfer weight on right before doing tag)

For more attitude, you may slap both hips with your hands or clap with count 32 (last 8)

REPEAT

TAG

You would be doing the 8th repetition and facing the front wall.

1-2 Jump forward & land on left foot, with right foot touching just behind

Arms: bring both open hands to your chest & push them away & to the side

3-4 Jump backwards & land on right foot, with left foot touching just in front

Arms: as you land backwards, bring both open hands back, close to your chest

5-8 Repeat counts 1-4

9-16 Repeat counts 1-8 above, however as you execute count 9, jump 1/4 turn left

17-32 Repeat counts 9-16 above twice, you will face all 4 walls eventually

Transfer weight to left to restart the actual dance

RESTART

There will be a restart 48 counts after the tag facing 9:00

ENDING

You should end this dance facing 3:00. Stretch out your left arm, point to the front wall with open palm at same time turn your head to face the front