

Chasse & Shuffle

拍數: 32 牆數: 1 級數: Beginner
編舞者: Rob Francis (UK)
音樂: More and More and More - The Bellamy Brothers



CHASSE RIGHT, BACK ROCK, CHASSE LEFT, BACK ROCK

1&2 Step right to right side, step left beside right, step right to right side
3-4 Rock back diagonally on left behind right, recover weight onto right
5&6 Step left to left side, step right beside left, step left to left side
7-8 Rock back diagonally on right, recover weight onto left

RIGHT SHUFFLE FORWARD, LEFT SHUFFLE FORWARD, JAZZ BOX ¼ TURN RIGHT

1&2 Step forward on right, step left beside right, step forward on right
3&4 Step forward on left, step right beside left, step forward on left
5-6 Cross right over left, step back left
7-8 Step right ¼ turn to right, step left beside right

CHASSE RIGHT, BACK ROCK, CHASSE LEFT, BACK ROCK

1&2 Step right to right side, step left beside right, step right to right side
3-4 Rock back diagonally on left behind right, recover weight onto right
5&6 Step left to left side, step right beside left, step left to left side
7-8 Rock back diagonally on right, recover weight onto left

GRAPEVINE RIGHT, TOUCH, GRAPEVINE ¼ TURN LEFT, TOUCH

1-2 Step right to right side, cross left behind right
3-4 Step right to right side, touch left beside right
5-6 Step left to left side, cross right behind left
7-8 Step left to left side turning ¼ turn to left, touch right foot next to left

REPEAT
