

# Chasing My Tail

COPPERKNOB  
BY STEPHENETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Terry Hogan (AUS)  
音樂: Going Nowhere - Wynonna



## CROSS ROCK, REPLACE, SIDE, CROSS, ½ LEFT, CROSS, HOLD, SIDE SHUFFLE, TOUCH

1-2      Cross-rock left across in front of right, replace weight onto right foot  
&3      Step left to the side, step right across in front of left  
4      Unwind making ½ turn left taking weight onto left foot  
5-6      Step right across in front of left, hold  
7&8      Side shuffle to the left side left, right, left  
&      Touch/brush right toe beside left foot

## CROSS ROCK, REPLACE, SIDE, CROSS, ¼ RIGHT, TRIPLE STEP FULL TURN, ½ LEFT

9-10      Cross-rock right across in front of left, replace weight onto left foot  
&11      Step right to the side, rock-step left across in front of right  
12      Make ¼ turn right and rock-replace weight backward onto right foot  
13&14      Triple step forward left, right, left making a full turn left  
15-16      Step forward right, make ½ pivot turn left stepping forward on left

## FORWARD SHUFFLE, FORWARD, ½ RIGHT, FORWARD, TOGETHER, FORWARD, CROSS, ¾ RIGHT, OUT, OUT

17&18      Shuffle forward right, left, right  
19&      Step forward left, make ½ pivot turn right stepping forward onto right foot  
20&      Step forward left, step right foot beside left  
21-22      Step forward left, step right forward to cross behind left

### Don't lock feet tightly or the following turn will be impossible to do

23      Unwind making ¾ turn right taking weight onto right foot - facing back wall  
&24      Step left to the side, step right to the right side - feet apart

## BACK, CROSS, FULL TURN LEFT, SHUFFLE, ROCK FORWARD, BACK, ¼ RIGHT, FORWARD, ½ RIGHT BACK, TOGETHER

&25      Step left foot slightly backward, step right across in front of left  
26      Make a full turn left on ball of right foot  
27&28      Shuffle to the side left, right, left  
29&30      Rock-step right forward, rock backward onto left, make ¼ turn right and step right foot forward - facing 3:00  
31&      Step forward left, make ½ pivot turn right and step right slightly backward  
32&      Step left slightly backward, step right beside left

## REPEAT

## RESTARTS

There are 3 restarts for the dance, all require only a small adjustment to the basic steps, and i believe after hearing the music a couple of times they are easy to hear. After the first wall, do only the first 16 counts and add an "&" count to step right foot beside left then restart facing the back wall. Do one more wall then, starting facing 9:00 only the first 8& counts changing the touch to a step taking weight onto the right foot to restart facing the 3:00 wall. After 3 more walls repeat the first restart (16,& counts), you will start facing front and restart facing 3:00 wall

Sequence: 32, 16&, 32, 8&, 32,32,32,16&,32,32 etc