

Charlie Horse

拍數: 24 牆數: 1 級數: Beginner
編舞者: Charlie Milne (CAN)
音樂: Bobbie Ann Mason - Rick Trevino



KICK TWICE, BACK UP

1-2 Kick right foot forward twice
3 Step back on right foot
4 Step back on left foot

STEP, KICK TWICE, HOP

5 Step forward on right foot
6-7 Kick left foot forward twice
8 Hop back with both feet

SHAKE TWICE, STEP, HOLD

9-10 Shake right leg to the right side twice
11 Step right foot into the home position (weight now on right)
12 Hold for one count

SHAKE TWICE, STEP HOLD

13-14 Shake left leg to the left side twice
15 Step left foot into the home position (weight now on left)
16 Hold for one count

WOBBLE 2, 3, 4

Allow whole body to wobble during these 4 counts

17 Bend right knee out and place weight on ball of right foot
18 Bend left knee out and place weight on ball of left foot
19 Bend right knee out and place weight on ball of right foot
20 Bend left knee out and place weight on ball of left foot

STEP, STEP, & HOP, HOLD

21 Step right foot into home position
22 Step left foot into home position
&23 Lift right foot up & quickly hop up on left foot
24 Hold for one count

REPEAT
