# **Charleston Time!**



編舞者: Jo Thompson Szymanski (USA)

音樂: Delores - The Mavericks



#### **BIG CHARLESTON TO RIGHT AT 45 DEGREE ANGLE**

1.	-2	Step	forward	with	riaht 1	foot to	riaht	45- c	learee	andle	swingir	na arms	riaht.	hold

3-4 Kick forward with left foot to same angle swinging arms left, hold

5-6 Step back with left foot swinging arms right, hold7-8 Touch back with right toe swinging arms left, hold

Note: You can touch the floor with the right hand on count 7!

#### **BIG CHARLESTON TO FRONT**

1-2	Facing front	step forward	with right foot	swinging a	rms right, hold
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3-4 Kick forward with left foot swinging arms left, hold
5-6 Step back with left foot swinging arms right, hold
7-8 Touch back with right toe swinging arms left, hold

Note: You can touch the floor with the right hand on count 7!

## CHARLESTON WALKS FORWARD RIGHT, LEFT, RIGHT, LEFT

1	Step forward on ball of right turning both toes out
2	Lift left foot out to left side turning both toes in
3	Step forward on ball of left foot turning both toes out

4 Lift right foot out to right side turning both in

5-8 Repeat above 4 counts

Note: These should look like forward mashed potatoes. As an easier option, you can do toe, heel struts forward right, left, right, left

## STEP, ½ TURN LEFT, ¼ TURN LEFT HEELS, TOES, HEELS, TOES

1-2	Sten	forward	with	right foot	hold
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3-4 Turn ½ left shifting weight forward to left foot, hold

5 Turning ¼ left, place feet together shifting both heels to the right

6 Move both toes to the right 7 Move both heels to the right 8 Move both toes tot he right

Note: The above 4 counts are sometimes called Ramble or heel toe swivels

# **REPEAT**