

Charleston Rock

拍數: 32 牆數: 4 級數: Beginner
編舞者: Barry Durand (USA)
音樂: The Motown Song (With the Temptations) - Rod Stewart & The Temptations



CHARLESTON STEP

1-2 Step left, kick right
3-4& Step right, rock recover left, right
5-6 Step left, kick right
7-8& Step right, step left, right

Option: replace that fast rock on 4& and 8& with a tap

JAZZ BOX SIDE TRIPLE

1-2 Cross and step left over right, step back right
3&4 Side triple left-right-left
5-6 Cross and step right over left, step back left
7&8 Side triple right-left-right

HEEL HITCH AND TRIPLE

1& Touch left heel forward diagonal, hitch left up
2& Touch left heel forward diagonal, hitch left up
3&4 Step forward into triple step left-right-left
5& Touch right heel forward diagonal, hitch right up
6& Touch right heel forward diagonal, hitch right up
7&8 Step forward into triple step right-left-right

Option: if song is too fast just do a single heel hitch slower on both sides

PIVOT TURN TRIPLE, KICK BALL STEP, KICK BALL TAP

1-2 Step forward left, ½ stationary pivot turn to right step on right
3&4 Triple forward left-right-left
5&6 Kick right, step on ball of right, step forward left
7&8 Kick right, step on ball of right, turn ¼ turn left and tap left together to right foot

REPEAT
