Charleston Charleston



拍數: 64 牆數: 4 級數: Intermediate

編舞者: Eve Griffin (USA)

音樂: Bring It On Down To My House - Ray Benson



CHARLESTON STEP

1-2 Tap right toe forward, step back on ball of right foot.3-4 Tap left toe back, step forward on ball of left foot.

5-8 Repeat 1-4 above 1-4 Repeat 1-4 above 5-8 Repeat 1-4 above

STEP HITCH, REVERSE VINE

1 Step slightly forward and 45 degrees to right with right foot.

& Hitch right leg, scooting left foot. As you do this

2& Repeat 1 & above

3&4 Step right foot behind left foot., Step left foot to side, step right foot across in front of right

foot.

5 Step slightly forward and 45 degrees to left with left foot.

& Hitch left leg, scooting right foot. As you do this

6& Repeat 5 &

7& Step left foot. Behind right foot., Step right foot. Out to side

8 Turning ¼ to right step left foot. Beside right foot.

CROSS HITCH, CHUGS

1& Bring right leg in a hitch across front of left knee, point right toe to side

2& Repeat 1&

3&4& With both feet together, chug forward and back 45 degrees to left 2 x's
5& Bring left leg in a hitch across front of right knee, point left toe to side

6& Repeat

7&8& With both feet together, chug forward and back 45 degrees to right 2 x's

CHARLESTON STEP WITH A KICK

1-2 Step forward on right foot., Kick left foot. Forward

3-4 Step back on left foot., Touch right toe in back, leaning forward into it

5-8 Repeat

STEP, SCOOT, KICK, STEP, TWISTS

Step right foot. Home, kick left foot. Forward as you scoot back on right foot.
Step left foot. Home, kick right foot. Forward as you scoot back on left foot.

3&4& Repeat

5 Step forward on right foot.

&6 Bring left leg into a hitch across right knee as you twist to right, twist to left

& Step forward on left foot., Twisting right

7& Bring right leg into a hitch across left knee as you twist to left, twist right

8& Step right foot. Center, step left foot. Center

APPLEJACK

1&2&3&4& Applejack to right 5&6&7&8& Applejack to left 1&2& Applejack to right

3&4& Applejack to left 5&6&7&8 Applejack to right

REPEAT

Variation: On first 1-8 & counts, shimmy body and shoulders to right for 4 counts and then to left for 4 counts)