

Char Sao Pau

拍數: 32 牆數: 4 級數: Improver
編舞者: Swan Tee (MY)
音樂: Char Shao Pau - Zhuang Xue Zhong



SIDE MAMBOS, FORWARD TOUCH, ½ LEFT TURN & HITCH, SHUFFLE

1&2 Right mambo
3&4 Left mambo
5-6 Touch right forward, spin ½ turn left on left and hitch right
7&8 Shuffle forward on right, left, right

SHUFFLE FORWARD, LEFT PIVOT TURN, ¼ LEFT TURN & RIGHT CHASSE, STEP BACK & RECOVER

1&2 Shuffle forward on left, right, left
3-4 Right foot forward and make a left pivot turn
5&6 ¼ left turn and right chasse
7-8 Left foot step back and recover on right

SIDE ROCK, STEP FORWARD AND TOUCH, RIGHT RONDE, LEFT RONDE

1-2 Side rock: step left foot to left, recover on right
3-4 Step left foot forward, touch right foot beside left
5-6 Right ronde: sweep right foot to behind left foot and step down
7-8 Left ronde: sweep left foot to behind right foot and step down

RIGHT TOE STRUT, LEFT TOE STRUT (REPEAT)

1-2 (Body angled towards left) right toe strut across left foot
3-4 (Body angled towards left) left toe strut diagonal forward
5-6 Repeat 1-2
7-8 Repeat 3-4

REPEAT

TAG

At 5th wall (facing front wall)

1-4 Walk forward right, left, right, kick left foot
5-6 Walk back left, right
7&8 Left coaster: step left foot back, step right beside left, left foot forward
9-16 Repeat 1-8