

Chaparral

COPPER KNOB
STEPSHEETS

拍數: 72 牆數: 2 級數: Improver
編舞者: Connelly Robichaud (CAN)
音樂: Joe's Place - Joe Nichols



OUT, OUT, IN, IN, TRIPLE STEP X'S THREE:

&1 Left foot steps out to left, right foot steps out to right
&2 Left foot steps in place, right foot steps in place
3&4 Forward shuffle, left, right, left
5&6 Forward shuffle, right, left, right
7&8 Forward shuffle, left, right, left

HEEL, AND, HEEL, AND, STEP, AND STEP, STEP, HEEL, SNAP, SNAP, COASTER STEP:

1&2 Right foot heel taps forward, right steps in place as left heel taps forward
&3 Left foot steps out to side, right foot will rise slightly and fall back in place
&4 Left foot rises slightly, steps in place
5&6 Left foot steps in place beside right, as right heels forward, snap fingers on both hands on count while holding right heel forward on those two counts
7&8 Right foot steps back, left steps back beside right, right steps forward

TOUCH, CROSS, STEP, SNAP, TOUCH, CROSS, STEP, SNAP, TOUCH, CROSS, STEP, SNAP TOUCH, STEP, SNAP, SNAP:

1 Touch left out to side
2 Cross, and step left over right, snap fingers of left hand, once
3 Touch right out to side
4 Cross, and step right over left, snap fingers of right hand, once
5 Touch left foot out to side
6 Cross, and step left over right, snap fingers of left hand, once
7 Touch right out to side, snap fingers of both hands once
8 Step right in place beside left, snap fingers of both hands once

BUMP, TWICE RIGHT, BUMP, TWICE LEFT, BUMP, RIGHT, LEFT, KNEE POPS X'S 3:

1-2 Bump hips to the right twice
3-4 Bump hips to the left twice
5-6 Bump hips, right once, and, left, once (as you bump hips to left on 6, transfer the weight onto left foot, popping right knee forward)
7&8 In quick succession, snap right heel down, pop left knee forward, snap left heel down, pop right knee forward, snap right heel down, pop left knee forward, weight on right foot

KICK-BALL-CROSS, TOUCH, STEP, KICK-BALL-CROSS, TOUCH, STEP:

1&2 Kick left foot forward, left falls in place beside right, cross right over left
3-4 Touch left out to side, step left forward and to inside of right
5&6 Kick right foot forward, right falls in place beside left, cross left over right
7-8 Touch right out to side, step right forward and to inside of left

TWO FORWARD SHUFFLES, LEFT, RIGHT, LEFT, AND, RIGHT, LEFT, RIGHT, BOLERO:

1&2 Shuffle forward, left, right, left
3&4 Shuffle forward, right, left, right

BOLERO:

Four counts in a ½ turn completes the bolero. Numbered counts are done on the left foot, (ball and toes) while the, & counts, are done on the right foot which are simply push turns

- 5& Left foot steps forward, pushing off with right foot turn slightly right
- 6& Left foot steps forward, pushing off with right foot turn slightly right
- 7& Left foot steps forward, pushing off with right foot turn slightly right
- 8 Left touches in to right instep very briefly, and moves into the following

HEEL JACKS, ROCK, STEP, ¼ TURN, SHUFFLE STEP:

- &1 Left foot jumps back at angle right, right heels forward
- &2 Right foot falls in place, left falls in place beside right
- &3 Right foot jumps back at angle left, left heels forward
- &4 Left foot falls in place, right falls in place beside left
- 5 Rock forward on right foot
- 6 Rock back on left, turning ¼ right
- 7&8 Step right to right side, step left beside right, step right to right side

PUSH, TURN, TRIPLE STEP RIGHT, SUGAR FOOT, SHUFFLE FORWARD:

- 1-2 Step left foot to left taking the weight, push weight on to right foot as you turn ¼ right
- 3&4 Shuffle forward, left, right, left
- 5-6 Touch right toes to left instep, touch right heel to left instep
- 7&8 Triple step in place, right, left, right

LEFT SUGAR FOOT, TRIPLE STEP, STEP, TURN, SWIVEL, SWIVEL, SWIVEL:

- 1 Touch left toes to right instep
- 2 Touch left heel to right instep
- 3&4 Step left foot in place, step right foot in place, step left foot in place
- 5-6 Step right foot forward, ¼ turn left
- 7&8 Swivel heels, right, right, right(short little swivels to complete ¼ turn left)

REPEAT
