

Changes

拍數: 68 牆數: 4 級數: Improver
編舞者: June Hulcombe (AUS) & Barbara Willshire (AUS)
音樂: Change the Way I Look - BR5-49



ROCK, ROCK, CROSS, HOLD, ROCK, ROCK, CROSS, HOLD

1-4 Step right to right side, step left to center, step right over left, hold
5-8 Step left to left side, step right to center, step left over right, hold

TOUCH FORWARD, HOLD, STEP BACK, HOLD, TOUCH BACK, HOLD, STEP FORWARD, HOLD (CHARLESTON)

1-4 Touch right toe forward, hold, step back onto right, hold
5-8 Touch left toe back, hold, step forward onto left, hold

TOE STRUT, CROSS, STRUT, COASTER STEP, HOLD

1-4 Step right toe to right side, drop right heel, step left toe across in front of right, drop left heel
5-8 Step back onto right, step left next to right, step forward onto right, hold

TOE STRUT, CROSS, STRUT, COASTER STEP, HOLD

1-4 Step left toe to left side, drop left heel, step right toe across in front of left, drop right heel
5-8 Step back onto left, step right next to left, step forward onto left, hold

STEP, PIVOT, STEP, HOLD, STEP, LOCK, STEP, HOLD

1-4 Step forward onto right, turn ½ turn left taking weight on left, step forward on right, hold
5-8 Step forward onto left, step/lock right behind left, step left forward, hold

STEP, LOCK, STEP, HOLD, FORWARD, BACK, BACK, HOLD

1-4 Step forward onto right, step/lock left behind right, step right forward, hold
5-8 Step forward onto left, step back onto right, step back onto left, hold

TOE STRUT, TOE STRUT, TOE STRUT, TOE STRUT (TURNING)

1-4 Turning ½ turn right step right toe forward, drop right heel, turning ½ turn right step left toe back, drop left heel
5-8 Turning ½ turn right step right toe forward, drop right heel, turning ½ turn right step left toe back, drop left heel

SAILOR STEP, HOLD, SAILOR STEP, HOLD

1-4 Step right behind left, step left to left side, step right to center, hold
5-8 Step left behind right, step right to right side, step left to center, hold

JAZZ BOX ¼ TURN RIGHT

1-4 Step right across in front of left, step left back, turning ¼ turn right step right to right side, step left next to right

REPEAT