

# Changes

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Jan Wyllie (AUS)  
音樂: A Better Way - The Mavericks



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- 1-2            Step right toe to right side, step right heel down (toe strut)  
3-4            Step left toe over right, step left heel down (toe strut)  
5-6            Rock/step right to right, rock/return weight to left  
7-8            Rock/step right behind left, rock/return weight to left
- 9-10           Step right toe to right side, step right heel down (toe strut)  
11-12          Step left toe over right, step left heel down (toe strut)  
13-14          Step right to right, pivot ¼ turn left transferring weight to left  
15-16          Step forward on right, scuff left forward
- 17-18          Step forward on left, lock right behind left  
19-20          Step forward on left, scuff right forward  
21-22          Step right to right, touch left beside right  
23-24          Step left to left, touch right beside left
- &25            Step back on right, touch left heel forward  
26              Hold  
&27            Step left back to center, touch right beside left  
28              Hold  
29-30          Step forward on right, pivot ¼ turn left transferring weight to left  
31-32          Rock/step right across in front of left, rock/return weight to left

**REPEAT**

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