

# Changes (P)

拍數: 48      牆數: 0      級數: Partner  
編舞者: Jim Watkins (USA) & Cheryl Watkins (USA)  
音樂: Things I Cannot Change - The Mavericks



Position: Closed Position

## WALK, WALK, SHUFFLE, WALK, WALK, SHUFFLE

1-2      **MAN:** Step forward left, right  
          **LADY:** Step back right, left  
3&4      **MAN:** Left shuffle forward  
          **LADY:** Right shuffle back  
5-6      **MAN:** Step forward right, left  
          **LADY:** Step back left, right  
7&8      **MAN:** Right shuffle forward  
          **LADY:** Left shuffle back

## ROCK STEP, LADIES ½ TURN, ROCK STEP, WALK, WALK

1-2      **MAN:** Rock forward left, recover right  
          **LADY:** Rock back right, recover left  
3&4      **MAN:** Left shuffle backward turning lady ½ turn to end in wrap position  
          **LADY:** Right shuffle turning ½ turn left to end in wrap position

**Both partners are facing LOD**

5-6      **MAN:** Rock back right, recover left  
          **LADY:** Rock back left, recover right  
7-8      **MAN:** Walk forward right, left  
          **LADY:** Walk forward left, right

## SHUFFLE, SHUFFLE, STEP PIVOT, SHUFFLE

1&2      **MAN:** Right shuffle diagonally behind lady  
          **LADY:** Left shuffle diagonally across in front of man

**Lady is now on man's left holding inside hands**

3&4      **MAN:** Left shuffle forward  
          **LADY:** Right shuffle forward  
5-6      **MAN:** Step forward right, pivot ½ turn left  
          **LADY:** Step forward left, pivot ½ turn right

**Both partners are facing RLOD. Pick up inside hands (man's right and lady's left)**

7&8      **MAN:** Right shuffle forward  
          **LADY:** Left shuffle forward

## WEAVE, ROCK, RECOVER WITH ¼ TURN, STOMP, STOMP

1-2      **MAN:** Step forward left turning ¼ turn to face lady and ILOD. Step right behind left  
          **LADY:** Step forward right turning ¼ turn to face man and OLOD. Step left behind right

**On count 1 man picks up lady's right in his left**

3-4      **MAN:** Step left to side. Step right across  
          **LADY:** Step right to side. Step left across  
5-6      **MAN:** Rock left to left side. Recover right while turning ¼ right  
          **LADY:** Rock right to right side. Recover left while turning ¼ turn left

**Both partners are now facing LOD. Man drops his right and lady's left**

7-8      **MAN:** Stomp forward left. Stomp right next to left  
          **LADY:** Stomp forward right. Stomp left next to right

## **HIP BUMPS, STEP TOUCH & CLAP, STEP TOUCH**

- 1-2           **MAN:** Bump hips to left twice  
              **LADY:** Bump hips to right twice
- 3-4           **MAN:** Bump hips to right twice  
              **LADY:** Bump hips to left twice
- 5-6           **MAN:** Step  $\frac{1}{4}$  turn left to face lady and touch right and clap  
              **LADY:** Step  $\frac{1}{4}$  turn right to face man and touch left and clap
- 7-8           **MAN:** Step  $\frac{1}{4}$  turn right to face LOD and touch left  
              **LADY:** Step  $\frac{1}{4}$  turn left to face LOD and touch right

## **ROLLING VINE, STEP, SHUFFLE, SHUFFLE**

- 1-3           **MAN:** Rolling vine left behind lady  
              **LADY:** Rolling vine right in front of man
- 4             **MAN:** Step right  
              **LADY:** Step left
- Man picks up lady's right hand in his left hand**
- 5&6          **MAN:** Left shuffle forward  
              **LADY:** Right shuffle forward turning  $\frac{1}{2}$  to right to end in closed position
- 7&8          **MAN:** Right shuffle forward  
              **LADY:** Left shuffle back

**REPEAT**

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