

# Changes

拍數: 56      牆數: 4      級數: Intermediate  
編舞者: Gloria Johnson (USA)  
音樂: What If - Reba McEntire



## RIGHT FOOT BOOGIE, TOE-HEEL SWIVELS

- 1-2      Fan right toe to right side; fan right heel to right side
- 3-4      Swivel right heel in toward center; swivel right toe in toward center
- 5-6      With feet together, swivel toes right; swivel heels right
- 7-8      Swivel toes right; swivel heels right.

## LEFT SIDE SHUFFLE, CROSS-SHUFFLE, LEFT SIDE SHUFFLE, STEP, STEP

- 9&10      Step left foot to left side; step right together; step left foot to left side
- 11&12      Cross-step right foot over left; slide left foot to left side; with right still crossed over left, step right foot to left side
- 13&14      Step left foot to left side; step right together; step left foot to left side
- 15-16      Step on right foot in place; step on left foot in place.

## LEFT FOOT BOOGIE, LEFT HEEL-TOE SWIVELS

- 17-18      Fan left toe to left side; fan left heel to left side
- 19-20      Swivel left heel in toward center; swivel left toe in toward center
- 21-22      With feet together, swivel heels left; swivel toes left
- 23-24      Swivel heels left, swivel toes left.

## RIGHT SIDE SHUFFLE, CROSS-SHUFFLE, RIGHT SIDE SHUFFLE, STEP, STEP

- 25&26      Step right foot to right; step left together; step right foot to right
- 27&28      Cross-step left foot over right; slide right foot to outside of right foot; with feet still crossed, step left foot to right side
- 29&30      Step right foot to right side; step left together; step right to right side
- 31-32      Step on left foot in place; step on right foot in place.

## ¼ 'ABOUT FACE' TURNS, ROCK-STEP

- 33-34      Touch right toe back; pivot ¼ turn right
- 35-36      Touch right toe back; pivot ¼ turn right
- 37-38      Touch right toe back; pivot ¼ turn right
- 39-40      Rock-step right forward; rock back onto left foot.

## SAILOR SHUFFLES IN PLACE

- 41&42      Swinging right foot out to right and behind left, step on right foot; step on left in place; step on right in place
- 43&44      Swinging left foot out to left and behind right, step on left foot; step on right in place; step on left in place
- 45&46      Swinging right out to right and behind left, step on right; step on left in place; step on right in place.
- 47&48      Swing left out to left and behind right, step on left; step on right in place; step on left in place.

## ¼ MONTEREY TURN, ½ MONTEREY TURN

- 49-50      Point right toe to right side; pivot ¼ turn right and step on right foot
- 51-52      Point left toe to left side; step left foot beside right foot
- 53-54      Point right toe to right side; pivot ½ turn right on left foot and step on right
- 55-56      Point left toe to left side; step left foot beside right foot.

REPEAT

---