

# Change Your Mind

**COPPER** KNOB  
STEPSHEETS

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Mary Garner (UK)  
音樂: Change Your Mind - Westlife



## RIGHT SHUFFLE FORWARD, LEFT SHUFFLE FORWARD, ROCK STEP, COASTER STEP

1&2      Step forward on right, step left next to right, step forward on right  
3&4      Step forward on left, step right next to left, step forward on left  
5-6      Rock forward on right, recover on left  
7&8      Step back on right, step left next to right, step forward on right

## STEP ¼ TURN, CROSS SHUFFLE, 2X ¼ TURNS, MAMBO STEP

1-2      Step forward on left, pivot ¼ turn right  
3&4      Cross left over right, step right next to left, cross left over right  
5-6      Step back on right turning ¼ left, step forward on left turning ¼ left  
7&8      Rock forward on right, recover on left, step right next to left

## CROSS POINTS TWICE, CROSS, SIDE, SAILOR ¼ TURN

1-2      Cross left over right, point right to right side  
3-4      Cross right over left, point left to left side  
5-6      Cross left over right, step right to right side  
7&8      Sweep left round turning ¼ left, step right next to left, step left next to right

## TOE STRUTS RIGHT AND LEFT, ROCKING CHAIR

1-2      Touch right toes forward, step down on right  
3-4      Touch left toes forward, step down on left  
5-6      Rock forward on right, recover on left  
7-8      Rock back on right, recover on left

## GRAPEVINE RIGHT, GRAPEVINE LEFT (OPTIONAL ROLLING VINES)

1-2      Step right to right side, step left behind right  
3-4      Step right to right side, touch left next to right  
5-6      Step left to left side, step right behind left  
7-8      Step left to left side, touch right next to left

## MONTEREY ¼ TURNS RIGHT TWICE

1-2      Touch right to right side, step right next to left turning ¼ right  
3-4      Touch left to left side, step left next to right  
5-6      Touch right to right side, step right next to left turning ¼ right  
7-8      Touch left to left side, step left next to right

## WALKS FORWARD, ROCK AND CROSS, SIDE, BEHIND, CHASSE LEFT

1-2      Walk forward on right, walk forward on left  
3&4      Rock right to right side, recover on left, cross right over left  
5-6      Step left to left side, step right behind left  
7&8      Step left to left side, step right next to left, step left to left side

## CROSS ROCK, SHUFFLE ¼ TURN, STEP ½ TURN, STEP, TOUCH

1-2      Rock right over left, recover on left  
3&4      Step right to right side, step left next to right, step right to right side turning ¼ right  
5-6      Step forward on left, pivot ½ turn to right

7-8

Step forward on left, touch right next to left

**REPEAT**

**RESTART**

**On the 4th wall dance the first 8 counts and then restart the dance from the beginning. There are no restarts if the dance is done to the alternative pieces of music**

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