

Change My Mind

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Maureen Jones (UK) & Michelle Jones (UK)
音樂: Change Your Mind - Westlife



KICK-BALL-STEP, ROCK, RECOVER, BACK, ½ TURN-TOUCH, STEP, TOUCH

1&2 Kick right forward, step right beside left, step left forward
3-4 Rock right forward, recover onto left
5-6 Step right back, on ball of right make half turn left and touch left beside right
7-8 Step left forward, touch right beside left

¼ TURN-SIDE ROCK, RECOVER, CROSS, SIDE, BEHIND, BACK, HEEL, HOLD, STEP, WALKS

&9-10 Make ¼ turn left and rock right to right, recover onto left, step right across left
11-12& Step left to left, step right behind left, step left slightly back
13-14& Touch right heel diagonally forward right, hold, step right beside left
15-16 Walk forward stepping left, right

ROCK, RECOVER, COASTER, ROCK, RECOVER, ¾ TRIPLE STEP TURN

17-18 Rock left forward, recover onto right
19&20 Step left back, step right beside left, step left forward
21-22 Rock right forward, recover onto left
23&24 Triple step ¾ turn right stepping right, left, right

Westlife track only: during wall 5, after count 24 add a quick step onto left (24&) and restart dance from the beginning

CROSS, HOLD, ¾ TURN, STEP, ROCK, RECOVER, COASTER

25-26& Step left across right, hold, make ¼ turn left and step right back
27-28 Make ½ turn left and step left forward, step right forward
29-30 Rock left forward, recover onto right
31&32 Step left back, step right beside left, step left forward

REPEAT

RESTART

To Westlife track only, during wall 5, after count 24 add a quick step onto left (24&) and restart dance from the beginning