

# Chamaica Mambo (P)

COPPER KNOB  
STEPSHEETS

拍數: 64      牆數: 0      級數: Partner  
編舞者: Diane Jackson (UK)  
音樂: How'd I Wind Up In Jamaica - Tracy Byrd



**Position: Start in Closed western. Man facing OLOD. Opposite footwork unless stated. Man's steps listed**

## MAMBO TWICE

1&2      Rock forward on left, back on right, step left next to right (lady rocks back on right)  
3&4      Rock back on right, forward on left, step right next to left (lady rocks forward on left)

## (BOTH) ROCK & CROSS TWICE

5&6      Rock left to side left, recover onto right, cross left over right  
7&8      Rock right to right side, recover onto left, cross right over left

## SIDE SHUFFLE, ½ TURN SHUFFLE, ¼ TURN SHUFFLE, FORWARD SHUFFLE

9&10      Step left to left side, right next to left, left to left side, pivoting on the ball of left foot turn ½ turn away from each other (man turns right, lady turns left) ending back to back, continuing to shuffle up LOD  
11&12      Step right to right side, left next to right, right to right side  
13&14      Turn ¼ into LOD shuffle forward left, right, left  
15&16      Forward shuffle, right, left, right (end holding inside hands)

## SIDE ROCK, CROSS SHUFFLE TWICE (CROSS SHUFFLE BEHIND THE LADY, RELEASING HANDS)

17-18      Rock left to left side, recover onto right  
19&20      Cross left over right, right to right side, cross left over right  
21-22      Rock right to right side, recover onto left  
23&24      Cross right over left, left to left side, cross right over left (end holding inside hands)

## ROCK STEP, COASTER STEP TWICE

25-26      Rock forward on left, back on right  
27&28      Step back on left, step right next to left, step forward on left  
29-30      Rock forward on right, back on left  
31&32      Step back on right, step left next to right, step forward on right

## SIDE ROCK TRIPLE IN PLACE. (LADY TRIPLE INTO WRAP)

33-34      Rock left to left side, recover onto right  
35&36      **MAN:** Triple left, right, left in place  
            **LADY:** Turn a full turn left (right-left-right) into side by side wrap, right arm on top

## (BOTH) FORWARD MAMBO, BACKWARD MAMBO

37&38      Rock forward on right, back on left, step right next to left  
39&40      Rock back on left, forward on right, step left next to right

## MAN-ROCK STEP, TRIPLE IN PLACE. (LADY- STEP PIVOT, TRIPLE INTO HAMMERLOCK)

41-42      **MAN:** Rock forward on right, back on left  
            **LADY:** Step forward on left, pivot ½ turn right RLOD

## Raise right arm

43&44      **MAN:** Triple in place right-left-right  
            **LADY:** Triple a full turn right left-right-left into hammerlock

Left arm behind back

## **MAMBO TWICE**

- 45&46 Rock forward on left, back on right, step left next to right (lady rocks back on right)  
47&48 Rock back on right, forward on left, step right next to left (lady rocks forward on left)

## **MAN-CROSS, SIDE, TRIPLE IN PLACE LADY- WALK WALK SHUFFLE**

- 49-50-51&52 **MAN:** Step left over right, right to right side, triple in place left-right-left  
**LADY:** Release left hand, raise right, walk forward right, left behind man turning ½ turn right into LOD as you shuffle forward next to man right-left-right

**Now holding inside hands in left side by side**

## **MAN: BEHIND SIDE, TRIPLE ¼ TURN. LADY: CROSS, SIDE TRIPLE ¼ TURN**

- 53-54-55&56 **MAN:** Step right behind left, left to left side, (raising left arm over lady's head) turning ¼ turn right triple right-left-right in place. Now facing OLOD in double hand hold  
**LADY:** Step left over right, step right to right side turning ¼ turn left triple left-right-left to face ILOD opposite man

## **SIDE ROCK CROSS SHUFFLE TWICE**

- 57-58 Rock left to left side, recover onto right  
59&60 Cross left over right, right to right side, cross left over right  
61-62 Rock right to right side, recover onto left (rejoin into closed western)  
63&64 Cross right over left, left to left side, cross right over left

## **REPEAT**

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