Chaking

COPPER KNOB

拍數: 64

牆數:4

級數: Improver

編舞者: Malin Persson (SWE) & Lisen Persson (SWE)

音樂: Carnaval - Mendez



MAMBO X4

- 1&2 Rock right to right, recover weight to left, step right beside left
- 3&4 Rock left to left, recover weight to right, step left beside right
- 5&6 Rock right forward, recover weight to left, step right beside left
- 7&8 Rock left back, recover weight to right, step left beside right

STEP, TURN ½ LEFT, SHUFFLE, ROCK, SHUFFLE ½ LEFT

- 1-2 Step right forward, turn ½ left
- 3&4 Step right forward, step left next to right, step right forward
- 5-6 Rock left forward, recover weight to right
- 7&8 Making ½ left, shuffle on right, left, right

JUMP, JUMP, CLAP, CLAP, TURN ½ LEFT, ROCK, SHUFFLE

- 1-2 Jump feet apart, jump back to center with your legs in cross(right over left)
- 3&4 Clap hands twice, on ball of both feet turn 1/2 left
- 5-6 Rock right forward, recover weight to left
- 7&8 Step right back, step left next to right, step right back

SWEEP TWICE, SHUFFLE, ROCK & CROSS TWICE

- 1 Sweep left out from front to back, step left behind right
- 2 Sweep right out from front to back, step right behind left heel
- 3&4 Step left forward, step right next to left, step left forward
- 5&6 Rock right to right, recover weight to left, cross right over left
- 7&8 Rock left to left, recover weight to right, cross left over right

CHASSE, ROCK, COASTER STEP, SHUFFLE

- 1&2 Step right to right, step left next to right, step right to right
- 3-4 Rock left back, recover weight to right
- 5&6 Step left forward, step right next to left, step left back
- 7&8 Step right back, step left next to right, step right back

TURN ¼ LEFT, STEP, CLAP, TOUCH, SHUFFLE, ROCK, SLIDE TWICE

- 1-2 Turn ¼ left as you step left forward, touch right next to left and clap
- 3&4 Step right forward, step left next to right, step right forward
- 5-6 Rock left forward, recover weight to right
- 7-8 Slide left back, slide right back

COASTER STEP, WALK TWICE, OUT, OUT, IN, OUT, OUT, IN

- 1&2 Step left back, step right next to left, step left forward
- 3-4 Step right forward, step left forward
- 5&6 Step right to side, step left to side, step right to center
- 7&8 Step left to side, step right to side, step left to center

ROCK, SHUFFLE ½ RIGHT, TURN ½ RIGHT, SHUFFLE, ROCK

- 1-2 Rock right forward, recover weight to left
- 3&4 Making ¹/₂ turn to right, shuffle on right, left, right

5&6 Making ½ turn to right, s	shuffle back on left, right, left
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7-8 Rock right back, recover weight to left

REPEAT