

Chains Of My Heart

COPPER KNOB
STEPPERS

拍數: 32 牆數: 0 級數:
編舞者: Trevor Eaton (AUS)
音樂: Take These Chains from My Heart - Lee Roy Parnell



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- 1-2 Step forward on right, lock left behind right
3&4 Shuffle forward right-left-right
5-6 Step left forward, step right together
7&8 Shuffle forward left-right-left
- 1-2 Rock forward on right, turn $\frac{1}{2}$ to the right stepping back left
3&4 Shuffle forward right-left-right
5-6 Rock left to left side, rock right in place
7&8 Cross shuffle left-right-left
- 1-2 Rock right to right side, left in place
3&4 Cross shuffle right-left-right
5-8 Vine left, touch right next to left
- 1-4 Step forward on right, pivot $\frac{1}{4}$ to the left, step forward on right, pivot $\frac{1}{2}$ to the left
5&6 Shuffle forward right-left-right
7&8 Shuffle forward left-right-left

REPEAT
