

# Chained To You

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Paul Snooke (AUS)  
音樂: Chained to You - Savage Garden



- 1-2      Cross/step right heel over left, grinding right toes to the right step left to side  
&3&4      Step back on right, touch left heel forward at 45 degrees left, step left beside right, step right beside left
- 5-6      Cross/step left heel over right, grinding left toes to the left step right to side  
&7&8      Step back on left, touch right heel forward at 45 degrees right, step right beside left, step left beside right
- 1-2      Cross/step right heel over left, grinding right toes to the right step left to side  
3-4      Repeat above 2 counts (right heel grind)  
&5&6      Step back on right, touch left heel forward at 45 degrees left, step left beside right, touch right beside left  
&7&      Step back on right, touch left heel forward at 45 degrees left, step back on left  
8&      Touch right heel forward at 45 degrees right, step right beside left
- 1-2      Step left forward, pivot turn  $\frac{1}{2}$  turn right (weight to right)  
3-6      Step forward on left, turning  $\frac{1}{2}$  turn left step back on right, turning  $\frac{1}{2}$  turn left step forward on left, touch right beside left  
7-8      Turning  $\frac{1}{4}$  turn right step right forward, turning  $\frac{1}{2}$  turn left step forward on left
- 1-2      Rock/step forward on right, rock back on left  
3&4      Turning  $\frac{1}{2}$  turn right shuffle forward right-left-right  
5-6      Rock/step forward on left, rock back on right  
&7&8      Step back on left, touch right heel forward at 45 degrees right, step right beside left, step left in place

**REPEAT**

**TAG**

Restart during the 10th wall after count 24.

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