

Chain Reaction

拍數: 32 牆數: 4 級數: Improver
編舞者: David Harrison (UK)
音樂: Chain Reaction - Diana Ross



-
- 1-4 Shuffle to the right, stepping right, left, right. Rock back onto left foot. Rock forward onto right foot.
- 5-8 Step to the left on left foot. Cross right foot behind left. Step to the left on left foot and cross right foot in front of left (one beat). Touch left toe to the left.
- 9-12 Cross left foot over right. Step to the right on right foot. Step back on left foot. Step right foot next to left and step forward on left foot (coaster step).
- 13-16 Step forward on right foot. Pivot $\frac{1}{2}$ turn to the left. Step forward on right foot. Touch left foot next to right.
- 17-20 Step to the left on left foot. Cross right foot behind left. Step to the left on left foot. Make $\frac{1}{4}$ turn to the left on ball of left foot and step right foot next to left.
- 21-24 Step left foot behind right. Step right foot next to left and step left foot next to right (one beat). Step right foot behind left. Step left foot next to right and step right foot next to left (one beat).
- 25-28 Touch left heel forward. Tap left toe back. Step left foot next to right and tap right toe back (one beat). Touch right heel forward.
- 29-32 Touch right toe to the right. Step right foot next to left and touch left toe to the left (one beat). Step left foot next to right and touch right toe to the right (one beat). Touch right toe behind left foot.

REPEAT
