

Chain Of Hearts

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Norma Jean Fuller (USA)
音樂: Chains - Tina Arena



TOE POINT HOLD TWICE, SHUFFLE, ROCK RECOVER

1-2 Touch right toe to right, hold
Option: turn head to right
&3-4 Touch left toe to left, hold
Option: turn head to left
5&6 Shuffle forward left-right-left
7-8 Rock forward on right, recover weight back on left

SHUFFLE, ROCK RECOVER, STEP TOUCH, STEP TOUCH

1&2 Shuffle back right-left-right
3-4 Rock back on left, recover weight forward on right
5-6 Step to left on left, touch right beside left snapping right fingers
7-8 Step to right on right, touch left beside right snapping right fingers

¼ TURN SHUFFLE, STEP OUT OUT, IN, FORWARD, HIP PUSHES

1&2 Shuffle ¼ turn left left-right-left
3-4 Step right to right, step left to left
5-6 Step right beside left, step forward on left
7-8 Step right to right pushing hips right, step left to left pushing hips to left (keeping upper frame straight)

STEP TAPS

1-2 Step back diagonally right on right, tap left heel
3-4 Step back diagonally left on left, tap right heel
5-6 Step back diagonally right on right, tap left heel
7-8 Step back diagonally left on left, tap right heel

REPEAT
