

Cha-Quila

拍數: 32 牆數: 4 級數: Improver social cha
編舞者: Gaye Teather (UK)
音樂: Tequila Loves Me - Kenny Chesney



SIDE, TOUCH, CHASSE LEFT, CROSS ROCK, SHUFFLE ¼ TURN RIGHT

1-2 Step right to right, (big step) touch left beside right
3&4 Step left to left step right beside left, step left to left
5-6 Cross rock right over left, recover onto left
7&8 ¼ turn right stepping forward on right, step left beside right, step forward on right (facing 3:00)

FORWARD ROCK, SHUFFLE BACK, BACK RIGHT, BACK LEFT, COASTER CROSS

1-2 Rock forward on left, recover onto right
3&4 Step back on left, step right beside left, step back on left
5-6 Step back on right, step back on left
Option: on steps 5-6, as you step back on each foot, pop the opposite knee forward
7&8 Step back on right, step left beside right, cross right over left

SWAY LEFT, RIGHT, LEFT, TOUCH, FULL TURN RIGHT (OR VINE), TOUCH

1-2 Step left to left side swaying hips left, recover onto right swaying hips right
3-4 Replace weight onto left swaying hips left, touch right beside left
5-6 ¼ turn right stepping forward on right, ½ turn right stepping back on left
7-8 ¼ turn right stepping right to right, touch left beside right (facing 3:00)
Option: steps 5-8 can be replaced with a vine to the right, touch

¼ TURN LEFT, TOUCH, TOUCH OUT, IN, OUT, STOMP, TWIST ¼ LEFT, COASTER CROSS

1-2 ¼ turn left stepping forward on left, touch right beside left (facing 12:00)
3&4 Touch right toe to right side, touch right toe beside left foot, touch right toe to right
5-6 Stomp right beside left (transferring weight onto right), twist heels to right making ¼ turn left (weight remains on right) (facing 9:00)
7&8 Step back on left, step right beside left, cross left over right

REPEAT
