

Cha-Cha-Rock

拍數: 32 牆數: 4 級數: Beginner
編舞者: Linda Burgess (AUS)
音樂: The Vertical Expression (Of Horizontal Desire) - The Bellamy Brothers



-
- 1-2-3&4 Walk forward right, left, step forward right, step left beside right, step forward right
5-6-7&8 Rock/step forward left, replace weight back to right, step left beside right, step right in place, step left in place
- 1-2-3&4 Rock/step back right, replace weight forward to left, step right beside left, step left in place, step right in place
5-6-7&8 Rock/step left to left side, replace weight to right, step left beside right, step right in place, step left in place
- 1-2-3&4 Step right to right, step left beside right, step right to right, step left beside right, step right to right
5-6-7&8 Cross/rock left over right, replace weight to right, step left beside right, step right in place, step left in place
- 1-2-3&4 Cross/rock right over left, replace weight to left, step right beside left, step left in place, step right in place
5-6-7&8 Step forward left, pivot $\frac{1}{4}$ turn right (keeping weight on right), step left together, step right in place, step left in place

REPEAT
