

Cha For Gray (P)

拍數: 48 牆數: 0 級數: Partner
編舞者: Ann Hexter (UK)
音樂: The Way You Love Me - Faith Hill



Position: Right Side-By-Side Position

Hands remain joined, right to right, left to left, fingertip to finger tip for the first 20 counts of this dance

ROCK, ROCK, ¼ TURN CHA-CHA-CHA

Lady's right hand comes over her head during first ¼ turn cha-cha-cha

1-2 **MAN:** Rock onto left, rock onto right
 LADY: Rock onto right, rock onto left
3&4 **MAN:** Cha-cha-cha making ¼ turn to face partner
 LADY: Cha-cha-cha making ¼ turn to face partner

ROCK, ROCK, ¼ TURN CHA-CHA-CHA

Hands remain crossed during next 4 counts

5-6 **MAN:** Rock back onto right, rock forward onto left
 LADY: Rock forward onto left, rock back onto right
7&8 **MAN:** Cha-cha-cha while making ¼ turn right to face RLOD
 LADY: Cha-cha-cha while making ¼ turn left to face RLOD

ROCK FORWARD, BACK, ½ TURN CHA-CHA-CHA

Hands uncross during next 4 counts

9-10 **MAN:** Rock forward onto left, rock back onto right
 LADY: Rock forward onto right, rock back onto left
11&12 **MAN:** Cha-cha-cha while making ½ turn to left
 LADY: Cha-cha-cha while making ½ turn to right

ROCK, ROCK, CHA-CHA-CHA TWICE PIVOT ½ TURN CHA-CHA-CHA FORWARD TWICE

13-14 **MAN:** Rock forward onto right, rock back onto left
 LADY: Step forward on left, pivot ½ turn
15&16 **MAN:** Cha-cha-cha backward
 LADY: Cha-cha-cha forward
17-18 **MAN:** Rock back onto left, rock forward onto right
 LADY: Step forward on right, pivot ½ turn
19&20 **MAN:** Cha-cha-cha forward
 LADY: Cha-cha-cha forward

During this move, do not let go hands. After the first pivot turn you will be in crossed hands, and back into side-by-side after second pivot

MAN WALKS 4, (WEIGHT ON LEFT) INSIDE TURN FORWARD, ON LEFT, RIGHT, CHA-CHA-CHA

Drop left hands, raise right, returning to side-by-side at the end of the move

21-24 **MAN:** Walk forward four paces, right, left right, left
21-22 **LADY:** Step forward on left, right, making a full inside rolling turn forward
23&24 **LADY:** Cha-cha-cha forward

ROCK FORWARD, BACK, ½ TURN CHA-CHA-CHA TWICE

Hands remain joined, simply change from right side-by-side, to left side-by-side, and back to right as you make the move

25-26 **MAN:** Rock forward onto right, rock back onto left
 LADY: Rock forward onto right, rock back onto left
27&28 **MAN:** Cha-cha-cha while making ½ turn to right

29-30 **LADY:** Cha-cha-cha while making ½ turn to right
 MAN: Rock forward onto left, rock back onto right
 LADY: Rock forward onto left, rock back onto right
31&32 **MAN:** Cha-cha-cha while making ½ turn to left
 LADY: Cha-cha-cha while making ½ turn to left

MAN WALK 2, CHA-CHA-CHA, INSIDE TURN FORWARD ON RIGHT, LEFT, CHA-CHA-CHA

Drop left hands, raise right, returning to side-by-side at the end of the move, and remaining there until the end of the dance

33-36 **MAN:** Walk forward right, left, cha-cha-cha forward
33-34 **LADY:** Step forward on right and left, making a full inside rolling turn forward
35&36 **LADY:** Cha-cha-cha forward

SIDE ROCK, RECOVER, CHA-CHA-CHA FORWARD TWICE

37-38 **MAN:** Rock sideways onto left, rock sideways onto right
 LADY: Rock sideways onto left, rock sideways onto right
39&40 **MAN:** Cha-cha-cha forward
 LADY: Cha-cha-cha forward
41-42 **MAN:** Rock sideways onto right. Rock sideways onto left
 LADY: Rock sideways onto right, rock sideways onto left
43&44 **MAN:** Cha-cha-cha forward
 LADY: Cha-cha-cha forward

MAN WALKS 4, (WEIGHT ON RIGHT) WALK 2, CHA-CHA-CHA

45-48 **MAN:** Walk forward left, right, left, right
45-46 **LADY:** Step forward left, right
47&48 **LADY:** Cha-cha-cha forward

REPEAT
