

Cha Cha With A Twist

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Frank Cooper (CAN)
音樂: He Just Wants To Cha-cha - Swingerhead



WALK BACK WITH PRESS, CHA-CHA FORWARD, SIDE ROCK, KICK BALL CROSS

- 1-3 Step back on right foot, step back on left foot, press the ball of the right foot into the floor with weight
- 4&5 Step forward left foot, bring right foot up to left foot (3rd pos), step forward left foot
- 6-7 Rock right foot out to right side, recover onto left foot
- 8&9 Kick right foot forward, step ball of right foot in place, step left foot over right

KICK BALL TOGETHER, TWIST, TAP, TAP, STEP, KICK ACROSS, KICK SIDE

- 10&11 Kick right foot forward, step ball of right foot in place, step left foot beside right foot angling body 45 degree's to left
- 12&13 Twist heels left, right, left weight ending on left foot body facing 45 degree angle right
- 14&15 Tap right toe slightly forward, tap right toe slightly forward again, step forward onto right foot
- 16-17 Kick left foot across right leg, kick left foot out to left side

SAILOR WITH PUSH, SYNCOPATED WEAVE, SIDE ROCK, BEHIND, SIDE, FORWARD

- 18&19 Step left foot behind right foot, step right foot to right side, take a big step out to the left side on the left foot
- 20&21 Step right foot behind left foot, step left foot out to left side, step right foot over left foot
- 22-23 Rock left foot out to left side, recover onto right foot
- 24&25 Step left foot behind right foot, step right foot out to right side, step forward onto left foot

½ JAZZ BOX, TRIPLE ½ TURN RIGHT, CHA-CHA FORWARD, TOUCH

- 26-27 Step right foot over left, step back on left foot
- 28&29 Triple ½ turn right stepping right, left, right
- 30&31 Step forward left foot, bring right foot up to left foot (3rd pos), step forward left foot
- 32 Touch right toe beside left heel

REPEAT
