# Cha Cha Ole'

拍數: 32

級數: Intermediate



音樂: Alabao - Enrique Iglesias



## SKATE FORWARD LEFT THEN RIGHT, SHUFFLE FORWARD LEFT, RIGHT, LEFT, BACK RIGHT, LEFT, 1/4 TURN RIGHT, SHUFFLE RIGHT, LEFT, RIGHT

- 1-2 Step forward left bringing left leg close to right knee (semi circle), repeat with right
- Left step forward, right step behind left, left step forward 3&4
- Walk back right then left 5-6
- 7&8 Turning on ball of left foot step 1/4 turn right stepping forward on right, left step behind right, right step forward

#### SYNCOPATED HIP & SHOULDERS WITH WEIGHT SHIFT, FORWARD RIGHT ROCK ½ TURN, LEFT SIDE TOGETHER SIDE

#### Standing with arms down at your side(palms down) bump hips and move shoulder in syncopation with each other

- 1-2 With weight on both feet and slightly apart bump hips and move shoulders left then right shifting weight from left to right
- 3&4 Remaining in the same position bump left, right, left
- 5&6 Rock forward on right foot, recover left making ½ turn to the right, step forward right
- 7&8 Step left to left side, step right beside left, step left to left side

#### LEFT ¼ TURN, RIGHT SIDE ROCK & CROSS, LEFT SIDE TOGETHER SIDE, RIGHT MAMBO FORWARD, LEFT MAMBO BACK

- 1&2 Pivot ¼ turn on ball of left foot, rock out to side on right foot, recover, cross right over left
- 3&4 Step left to left side, step right beside left, step left to left side
- 5&6 Rock forward on right, recover left, step right beside left
- 7&8 Rock back on left, recover right, step left beside right

### RIGHT KICK FORWARD, RIGHT STEP BACK, BACK LOCK STEP, FULL PADDLE TURN

- 1-2 Kick right foot forward (low kick), step right foot back behind but to side of left
- 3&4 Cross left over right, step back right, cross left over right

#### As you do the paddle turn raise your arms and circle index fingers in the air, or snap fingers, or make up your own variations

- 5&6&7& Keeping left foot in place tap right foot to side making full turn left 8 Step right foot beside left

#### REPEAT