

Cha Cha Mala Mujer

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Advanced
編舞者: Raymond Sarlemijn (NL) & Darren Bailey (UK)
音樂: Mala Mujer - Miguel Saez



STEP OUT, COLLECT, CHA-CHA, HITCH, COASTER STEP

- 1 Step out on your left foot
- 2 Put your weight in your left hip
- & Slide your right foot next to your left foot
- 3 Stretch your right foot, will doing this go in front with your left foot
- 4 Step in front with your right foot
- & Put your left foot behind your right foot
- 5 Step out on your right foot
- 6 Cross your left foot in front off your right foot
- & Put your right foot behind your left foot
- 7 Put your left foot next to your right foot
- & Hitch up your right foot (right ankle on height of your left knee)
- 8 Put your right foot behind and stand on
- & Put your left foot next to your right foot
- 1 Step out on your right foot to the front

MAMBO STEPS, SLIDE, TURN ¼ CHA-CHA

- 2 Cross your left foot in front of your right foot
- & Put your weight on your right foot
- 3 Put your left foot extended next to your right foot
- & Put your weight on your right foot
- 4 Cross your left foot in front of your right foot
- & Put your weight on your right foot
- 5 Slide your left foot behind your right foot
- 6 Put your right foot behind your left foot
- & Step out on your left foot, will doing this turn ¼ to your left
- 7 Step in front on your right foot
- 8 Step in front on your left foot
- & Put your right foot behind your left foot
- 1 Step out on your left foot

WALK, MAMBO ROCK STEP TURN ¼, WEIGHT CHANGE WALK WALK TURN ¼, CHA-CHA

- 2 Step out in front on your right foot
- 3 Step out in front on your left foot and turn your body a little to the right and do a quick rock step (mambo step)
- 4 Slide your left foot next to your right foot automatically your body turns ¼ to the left
- & Put your weight on your left foot
- 5 Step out on your right foot and finish the turn ¼ to the left
- 6 Step out on your left foot to the front
- 7 Step out on your right foot to the front
- 8 Step out on your left foot
- & Put your right foot behind your left foot
- 1 Step out on your left foot

HIP MOVEMENTS, CROSS SLIDE TURN ¼, COASTER STEP, START OVER

- 2 Put your right foot next to your left foot

- & Put your weight on your left foot
- 3 Step out on your right foot extended
- 4 Put your left foot next to your right foot
- & Put your weight on your right foot
- 5 Step out on your left foot extended
- 6 Cross your right foot across your left foot
- 7 Turn $\frac{3}{4}$ tot the left, will doing this keep your left foot extended
- 8 Put your left foot behind your right foot
- & Put your right foot next to your left foot

REPEAT
