

Cha Cha Cruz

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Maggie Lydon (UK)
音樂: Come Baby Come (Dance Mix) - Gizelle D'Cole



SIDE BACK ROCK, HIP CIRCLES TWICE, RIGHT SIDE SHUFFLE

1-2 Left step to left side, rock back onto right
3 Rock forward onto left
4&5 Circle hips twice moving to the right (or hip bump twice)
6&7 Right side shuffle

CROSS ROCK, SIDE SHUFFLE ¼ TURN, PIVOT ½ TURN, HIP BUMPS

8-1 Cross left over right, rock back onto right
2&3 Left side shuffle with ¼ turn left
4-5 Right step forward pivot ½ turn left, keeping weight on right
6&7 Hip bump right down and up

SHUFFLE FORWARD, MAMBO ROCKS FORWARD AND BACK, RIGHT SIDE ROCK

8&1 Left shuffle forward
2&3 Mambo rock forward with right
4&5 Mambo rock back with left
6-7 Right step to right side, rock over onto left

SAILOR STEP, SWEEP BEHIND UNWIND, SWAY (HIP BUMPS)

8&1 Right sailor step
2-3 Sweep left toe out to left side, and behind right and unwind ½ turn left (weight stays on right)
4-5 Sway (bump hips) left, right
6-7 Repeat step 4-5
8& Left step to left side, close right next to left

REPEAT
