Cha Cha Con Tejas



拍數: 32 牆數: 4 級數:

編舞者: Chris Hookie (USA) - June 1993

音樂: Hot Pink - Eddy Raven



Suggested Dance Style: Cha-cha Con Tejas has a rhythm of a Cha-cha. It has lots of movement in it, and style is quite important in order to look good while performing the dance, as well as being able to perform it correctly and perform it well. The slow steps should be long and pronounced and the quick steps should be made small, quick and sharp. Cha-cha Con Tejas is an isolation dance from the hips on down, any arm movements should be used only to accentuate foot and lower body movements. Proper dance styling should be adhered to at all times.

LEFT HEEL DIAGONAL, HEEL FWD, LEFT BACK-BALL-CHANGE (LEFT COASTER)

- 1 Left toe touch forward with heel angling out to the side
- 2 Left heel touch forward left
- 3 Left foot step back
- & Right foot step center next to left foot
- 4 Left foot step forward

RIGHT HEEL DIAGONAL, HEEL FWD, RIGHT BACK-BALL-CHANGE (RIGHT COASTER)

- 1 Right toe touch forward with heel angling out to the side
- 2 Right heel touch forward
- 3 Right foot step back
- & Left foot step center next to right foot
- 4 Right foot step forward

ROCK LEFT, BACK RIGHT, 1/2 TURN LEFT CHA-CHA

- 1 Left foot step forward (rock forward) and twist body slightly to the right
- 2 Rock back on right foot and twist back to center
- 3&4 Make a three count ½ turn to the left with a left foot lead

ROCK RIGHT, BACK LEFT, 3/4 TURN RIGHT CHA-CHA

- 1 Right foot step forward (rock forward) and twist body slightly to the left
- 2 Rock back on left foot and twist back to center
- 3&4 Make a three count ¾ turn to the right with a right foot lead

ROCK LEFT, BACK RIGHT, 1/2 TURN LEFT CHA-CHA

- 1 Left foot step forward (rock for-ward) and twist body slightly to the right
- 2 Rock back on right foot and twist back to center
- 3&4 Make a three count ½ turn to the left with a left foot lead

STEP RIGHT, ½ LEFT, ½ TURN LEFT ON RIGHT CHA-CHA

- 1 Right foot step forward 2 Make a ½ pivot turn left
- 3&4 Make a three count ½ turn left with a right foot lead

LEFT BEHIND, RIGHT SIDE, ACROSS-SIDE-IN PLACE

- 1 Left foot step behind right foot
- 2 Right foot step to the side
- Left foot step across and in front of right footRight foot touch to the side and take the weight
- 4 Shift weight to left foot

RIGHT ACROSS, SIDE LEFT, ACROSS-SIDE-IN PLACE

- 1 Right foot step in front of left foot
- 2 Left foot step to the side
- Right foot step across and in back of left foot Left foot touch to the side and take the weight
- 4 Shift weight to right foot

REPEAT