

Cha Cha Change (P)

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 0 級數: Partner
編舞者: Lisa Godgrey
音樂: Slow to moderate cha-cha rhythm



Position: Begin in closed position, ladies inside circle facing out, Men outside circle facing in.

WOMAN BEGINS ON THE INSIDE CIRCLE.

1&2 Shuffle forward right
3 Rock step forward left
4 Recover weight to right
5&6 Shuffle back left
7 Rock step back right
8 Recover weight to left

9&10 Shuffle forward right
11 Step left forward
12 Turn ½ right
13&14 Shuffle forward left
15 Step right forward
16 Turn ½ left

17&18 Shuffle forward right
19 Rock step forward left
20 Recover weight to right
21&22 Shuffle in place left
23 Rock step right across left (point right hand toward LOD)
24 Recover weight to left

25&26 Shuffle in place right
27 Rock step left across right (point left hand RLOD)
28 Recover weight to right (change partners) shuffle left making a full turn to
29&30 Right
31 Rock step back right (recover hands with new partner)
32 Recover weight to left

REPEAT

MAN BEGINS ON OUTSIDE CIRCLE.

1&2 Shuffle back left
3 Rock step back right
4 Recover weight to left
5&6 Shuffle forward right
7 Step left forward
8 Turn ½ right

9&10 Shuffle forward left
11 Step right forward
12 Turn ½ left
13&14 Shuffle forward right
15 Rock step forward left

- 16 Recover weight to right
- 17&18 Shuffle back left
- 19 Rock step back right
- 20 Recover weight to left
- 21&22 Shuffle in place right
- 23 Rock step left across right (point left hand LOD)
- 24 Recover weight to right
- 25&26 Shuffle in place left
- 27 Rock step right across left (point right hand RLOD)
- 28 Recover weight to left (lead lady to your right) shuffle right making full turn
- 29&30 To left
- 31 Rock step forward left (recover hands with new partner)
- 32 Recover weight to right

REPEAT
