

Cha Cha A Todo Noche

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數:
編舞者: Tanya Westley (CAN)
音樂: One Night At a Time - George Strait



ROCK STEP, TRAVEL BACK WITH CHA-CHA-CHA

1 Step/rock left foot forward
2 Rock onto right foot
3 Step left foot back
& Step right foot beside left
4 Step left foot back

RIGHT BEHIND LEFT PIVOT ½ TURN, TRAVEL FORWARD WITH CHA-CHA-CHA

5 Touch right toe behind left
6 Pivot ½ turn to the right on balls of both feet, ending with weight on the right
7 Step left foot forward
& Step right foot beside left
8 Step left foot forward

ROCK STEP TRAVEL BACK WITH CHA-CHA-CHA

9 Step/rock right foot forward
10 Rock onto left foot
11 Step right foot back
& Step left foot beside right
12 Step right foot back

LEFT BEHIND RIGHT PIVOT ½ TURN, TRAVEL FORWARD WITH CHA-CHA-CHA

13 Touch left toe behind right
14 Pivot ½ turn to the left on balls of both feet, ending with weight on the left
15 Step right foot forward
& Step left foot beside right
16 Step right foot forward

CROSS ½ TURN TRAVEL TO THE SIDE WITH CHA-CHA-CHA

17 Cross left foot over the front of the right foot
18 ½ turn unwind to the right, ending with weight on left foot
19 Cross right foot over the front of left foot
& Step left foot to the side
20 Cross right foot over the front of left foot

POINT HOLD, POINT HOLD, PIVOT ¼ TURN ROCK STEP, FORWARD CHA-CHA-CHA

21 Point left foot to the left side
22 Hold/pause
& Step right foot beside left
23 Point left foot to the left side
24 Hold/pause
& Pivot ¼ turn to the right on ball of left foot, lifting right foot off the ground preparing for the next step
25 Step/rock right foot back
26 Rock onto left foot
27 Step right foot forward

& Step left foot beside right
28 Step right foot forward

CROSS ½ TURN TRAVEL TO THE SIDE WITH CHA-CHA-CHA

29 Cross left foot over the front of the right foot
30 ½ turn unwind to the right, ending with weight on left foot
31 Cross right foot over the front of left foot
& Step left foot to the side
32 Cross right foot over the front of left foot

POINT HOLD, POINT HOLD, PIVOT ¼ TURN ROCK STEP, FORWARD CHA-CHA-CHA

33 Point left foot to the left side
34 Hold/pause
& Step right foot beside left
35 Point left foot to the left side
36 Hold/pause
& Pivot ¼ turn to the right on ball of left foot, lifting right foot off the ground preparing for the next step
37 Step/rock right foot back
38 Rock onto left foot
39 Step right foot forward
& Step left foot beside right
40 Step right foot forward

SIDE ROCK/STEP KICK BALL TOUCH, SIDE ROCK/STEP KICK BALL TOUCH

41 Step/rock left foot to the left side
42 Rock back onto right foot
43 Flick kick left foot to the front
& Step left foot beside right
44 Touch right foot beside left
45 Step/rock right foot to the right side
46 Rock back onto left foot
47 Flick kick right foot to the front
& Step right foot beside left
48 Touch left foot beside right

REPEAT
