

Cerise

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Irène Cousin
音樂: Oh Girl (You Know Where to Find Me) - Vince Gill



KICK BALL CHANGE, CROSS, UNWIND RIGHT ½, KICK BALL CHANGE, CROSS, UNWIND LEFT ½

- 1&2 Kick left forward, step on ball of left beside right, step right in place
3-4 Cross left over right placing ball of right on floor, turn ½ right shifting (weight to left foot)
5&6 Kick right forward, step on ball of right beside left, step left in place
7-8 Cross right over left placing ball of left on floor, turn ½ left shifting (weight to right foot)

LEFT MAMBO, RIGHT MAMBO, SIDE ROCK CROSS, RIGHT SHUFFLE FORWARD

- 1&2 Rock left foot forward, recover weight back onto right foot, step back left foot
3&4 Rock back right foot, recover weight onto left foot, step right foot forward
5& Rock to the left side on left foot, step on right in place
6 Cross left over right placing ball of right on floor & turn ½ right shifting (weight to left foot)
7&8 Step forward right, step left forward crossing behind right (lock step), step forward right

LEFT SHUFFLE FORWARD, RIGHT SIDE SHUFFLE, CROSS ROCK, LEFT SIDE SHUFFLE WITH ¼ TURN

- 1&2 Step forward on left foot, step on right foot beside left, step forward on left
3&4 Step to right on right foot, step on left foot beside right, step to right on right foot
5-6 Cross rock left over right, rock back onto right
7&8 Step to left on left foot, step on right foot beside left, left making ¼ turn to the left *

Alternative option: make 1 ¼ turn to the left on the shuffle

STEP RIGHT, ½ TURN LEFT, STEP RIGHT, ½ TURN LEFT, COASTER STEP FORWARD, ROCK HIPS, ROCK HIPS

- 1-2 Step forward on right, pivot ½ turn left
3-4 Step forward on right, pivot ½ turn left
5&6 Step right forward, step left next to right, step right back
7 Step back on left foot beside right, rock hips to left on left foot
8 Rock hips to right on right foot (weight on right)

REPEAT
