

Centerfield

拍數: 64 牆數: 2 級數: Improver
編舞者: Violet Ray (USA)
音樂: Centerfield - John Fogerty



KICK (2X), TAP (2X), KICK (2X), TAP (2X)

1-2 Kick right foot forward, kick right foot forward
3-4 Tap right toe back, tap right toe back
5-6 Kick right foot forward, kick right foot forward
7-8 Tap right toe back, tap right toe back

SHUFFLE FORWARD (2X), ½ PIVOT TURN, SHUFFLE FORWARD

1&2 Step right foot forward, step left foot next to right foot, step right foot forward
3&4 Step left foot forward, step right foot next to left foot, step left foot forward
5-6 Step right foot forward, pivot turn ½ to left ending with weight on left foot (6:00)
7&8 Step right foot forward, step left foot next to right foot, step right foot forward

KICK (2X), TAP (2X), KICK (2X), TAP (2X)

1-2 Kick left foot forward, kick left foot forward
3-4 Tap left toe back, tap left toe back
5-6 Kick left foot forward, kick left foot forward
7-8 Tap left toe back, tap left toe back

SHUFFLE FORWARD (2X), ½ PIVOT TURN, SHUFFLE FORWARD

1&2 Step left foot forward, step right foot next to left foot, step left foot forward
3&4 Step right foot forward, step left foot next to right foot, step right foot forward
5-6 Step left foot forward, pivot turn ½ to right ending with weight on right foot (12:00)
7&8 Step left foot forward, step right foot next to left foot, step left foot forward

ROCK FORWARD, RECOVER, BACK, HOLD, ROCK BACK, RECOVER, FORWARD, HOLD

1-2 Rock forward on right foot, recover weight on left foot
3-4 Step back on right foot, hold
5-6 Rock back on left foot, recover weight on right foot
7-8 Step forward on left foot, hold

Restart here on the 7th repetition

FORWARD, TOGETHER, FORWARD, HOLD, FORWARD, TOGETHER, FORWARD, HOLD

1-2 Step right foot forward diagonally right, step left foot next to right foot
3-4 Step right foot forward diagonally right, hold
5-6 Step left foot forward diagonally left, step right foot next to left foot
7-8 Step left foot forward diagonally left, hold

¼ MONTERREY TURN (2X)

1-2 Point right toe out to right side, turn ¼ right on ball of left foot while bringing right foot back next to left foot ending with weight on right foot (3:00)
3-4 Point left toe out to left side, step left foot next to right foot
5-6 Point right toe out to right side, turn ¼ right on ball of left foot while bringing right foot back next to left foot ending with weight on right foot (6:00)
7-8 Point left toe out to left side, step left foot next to right foot

Restart here on the 2nd, 4th, and 5th repetition

FORWARD, TOGETHER, FORWARD, HOLD, FORWARD, TOGETHER, FORWARD, HOLD

- 1-2 Step right foot forward diagonally right, step left foot next to right foot
- 3-4 Step right foot forward diagonally right, hold
- 5-6 Step left foot forward diagonally left, step right foot next to left foot
- 7-8 Step left foot forward diagonally left, hold

REPEAT

RESTART

Restart after count 56 on the 2nd, 4th, and 5th repetition

Restart after count 40 on the 7th repetition
