

Celts Reel

拍數: 32 牆數: 2 級數: Improver
編舞者: Zandra Varnham (SCO)
音樂: Paddy McCarthy - The Corrs



Keep both hands straight down by your sides
SYNCOPATED WEAVE, CROSS SHUFFLE TWICE

& Step right foot to right side
1 Cross left over right
& Step down on right
2 Cross left behind right
& Step down on right
3 Cross left over right
& Step down on right
4 Cross left over right
& Step right to right side
5 Cross left behind right
& Step down on right
6 Cross left in front of right
& Step down on right
7 Cross left behind right
& Step down on right
8 Cross left behind right - weight finishes on left foot

Put hands on hips

STOMPS TWICE, HEEL SPLITS TWICE, COASTER STEP, LEFT SHUFFLE

1 Stomp right in front of left
2 Stomp left behind right - left toe should touch right heel
3 Turn heels out, leaving toes in place
& Bring heels back in, leaving toes in place
4 Turn heels out, leaving toes in place
& Bring heels back in, leaving toes in place - weight on left
5&6 Step back on right, bring left next to right, step forward right
7&8 Step forward on left, step right next to left, step forward on left

BRUSH, HITCH, CROSS BRUSH HITCH, SHUFFLE TWICE

1 Brush ball of right foot forward
& Hitch right leg
2 Cross brush right foot forward over left
& Hitch right leg
3&4 Step forward right, step left next to right, step forward right
5 Brush ball of left foot forward
& Hitch left leg
6 Cross brush left foot forward over right
& Hitch left leg
7&8 Step forward left, step next to right, step forward left

RIGHT MAMBO, COASTER STEP, TRIPLE ½ TURN, TRIPLE FULL TURN

1&2 Rock forward right, step left in place, rock back on right
3&4 Step back left, step right next to left, step forward left
5&6 Step forward on right, ½ turn on left, step forward on right

7&8

Step forward on left, full turn, step forward left

REPEAT
