

The Celtic Way

拍數: 64 牆數: 0 級數:
編舞者: Maria Johansson (SWE)
音樂: Cry of the Celts - Ronan Hardiman



RIGHT HEEL DROPS, LEFT HEEL DROPS

1-4 Step right foot forward, drop right heel 4 times (in place)
5-8 Step left foot forward, drop left heel 4 times

POINT, POINT, HEEL, TOE, LEFT LOCKSTEP, RIGHT LOCKSTEP

1&2 Point right toe to right side, step together, point left to left side
&3&4 Step together with left, touch right heel forward, step together, touch left toe back
5&6 Step left forward, lock right behind left, step left forward
7&8 Step right forward, lock left behind right, step right forward

ROCK STEP, ½ SHUFFLE TURN LEFT, FULL SHUFFLE TURN LEFT, ROCK STEP

1-2 Left rock step forward
3&4 Step left ¼ to left, step right together, step left ¼ to left
5&6 Step back right turning ½ left, step left forward turning ½ left, step right forward
7-8 Left rock step

LEFT COASTER STEP, HEEL SWITCHES

1&2 Step left back, step right together, step left forward
3&4 Touch right heel forward, step together, step left forward
&5&6 Step left together, touch right heel forward, step together, touch left heel forward
&7&8 Step left together, touch right heel forward, clap hands twice

RIGHT HEEL, TOE, HEEL-TOE-HEEL, LEFT HEEL, TOE, HEEL-TOE-HEEL

1-2 Touch right heel forward, touch right toe across left foot
3&4 Touch right heel forward, touch right toe across left foot, touch right heel forward
&5-6 Step right together, touch left heel forward, touch left toe across right
7&8 Touch left heel forward, touch left toe across right foot, touch left heel forward

RIGHT HOOK, ½ SHUFFLE TURN LEFT, LEFT HOOK, ½ SHUFFLE TURN LEFT

&1-2 Step left together, touch right heel forward, hook in front of left
3&4 Step right to right side, step left ½ turn to left side, step right together
5-6 Touch left heel forward, hook left in front of right
7&8 Step left ½ to left, step right together, step left forward

SCUFF FORWARD, ACROSS LEFT, FORWARD, BACK, RIGHT LOCK STEP BACK

1-2 Scuff right forward and across left
3-4 Scuff right forward and back
5&6 Step right back, lock left across right, step right back
7&8 Swivel both heels, in, out, in

SCUFF FORWARD, ACROSS RIGHT, FORWARD, BACK, LEFT SHUFFLE TURN LEFT, POINT RIGHT SIDE, POINT LEFT SIDE

1-2 Scuff left forward and across right
3-4 Scuff left forward and back
5&6 Step left to left side, step right together, step left ¼ to left
7&8& Point right to right side, step right together, point left to left side, step left together

REPEAT
