

Celtic Jig

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Betty Orr (CAN)
音樂: Cry of the Celts - Ronan Hardiman



HEEL STANDS, BACK SKIPS, SHUFFLE

- &1-2 Hop onto left foot, stand forward on right heel, step on left foot
- &3-4 Hop onto right foot, stand forward on left heel, step on right foot
- &5&6 Hop onto right foot, drop left foot behind right foot, hop onto left foot, drop right foot behind left foot
- &7&8 Quickly hitch left foot in front of right knee, shuffle forward left-right-left

SHUFFLES X4 WITH KNEE HITCHES, FULL CIRCLE RIGHT

- &9&10 Quickly hitch right foot in front of left knee, shuffle right-left-right (circling right)
- &11&12 Hitch left foot in front of right knee, shuffle left-right-left
- &13&14 Repeat right foot shuffle with hitch and repeat left foot
- &15&16 Shuffle with hitch. You have now completed a full circle

STOMP, KICK, ROCK STEP, TOE, HEEL, HEEL JACK LEFT

- 17-18 Stomp forward right foot, kick right leg out 2 o'clock
- 19-20 Rock back on right foot, step on left foot
- 21-22 "Sugarfoot" touch right toe in, touch right heel out
- &23 "Heel Jack" quickly hop onto right foot, step left foot behind right foot
- &24 Quickly hop back onto right foot, touch left heel forward 10 o'clock

HEEL JACK RIGHT, BALL CROSS, ¼ TURN RIGHT

- &25 Quickly hop onto left foot, step right foot behind left foot
- &26 Quickly hop back onto left foot, touch right heel forward 2 o'clock
- &27 Hop onto right foot, cross left ball of left foot over right
- 28 Swivel on balls of feet ¼ turn right

KICK BALL-CHANGE, STEP, ½ TURN LEFT

- 29& Right foot kick forward; right foot step on ball of foot
- 30 Left foot step next to right foot
- 31-32 Step forward on right foot, pivot ½ turn left onto left foot

REPEAT
