

# Celtic Chaos

**COPPER KNOB**  
STEPSHEETS

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Helen O'Malley (IRE)  
音樂: You're Still The One (Dance Mix) - Shania Twain



Dedicated to Maire Dufty & Patrick Murphy, Shannon Club, London

## WALK FORWARD. FULL TURN BACK

1-4      Walk forward right-left-right. Kick left forward  
5      ½ turn left as you step on left  
6      ½ turn left stepping back on right  
7-8      Step back on left. Touch right beside left

## KICK STEP TOUCH TWICE

9&      Kick right forward. Step right in place  
10      Touch left toe to left side  
11&12      Repeat steps 9&10 starting on left

## CROSS BEHIND, UNWIND, SHUFFLE:

13      Cross right behind left  
14      Unwind ½ turn right (weight ends on right)  
15-16      Shuffle forward left-right-left

## STEP ½ TURN PIVOT. SHUFFLE 1 2:

17-18      Step forward. Right pivot ½ turn left  
19&20      Shuffle forward right-left-right  
21-24      Repeat steps 17-20 starting on left

## KICK, CROSS ½ TURN, HEEL:

25-26      Kick right forward to right. Cross right over left  
27-28      Unwind ½ turn left. Left heel forward

## BALL CROSS, KICK, CROSS, ½ TURN:

&29      Small step back on ball of left. Cross right over left  
30-31      Kick left forward to left. Cross left over right  
32      Unwind ½ turn right

## HIP BUMPS SIDE SHUFFLE

33&34      Bump hips left-right-left

**As you bump hips left, clench your fists pushing your left arm down to left side. On movements right, shoulders lift up. Repeat on right and then again on left**

35&36      Step right to right side. Step left beside ~ step right to right side

## CROSS BEHIND, FULL TURN, STEP TOUCH

37-38      Cross left behind right heel. Unwind full turn left  
39-40      Step right to right side. Touch left beside right

## STEP, SIDE SHUFFLE

41-42      Step left to left side. Cross right behind left  
43&      Step left to left side. Step right beside left  
44      Step left to left side

### **CROSS BEHIND, FULL TURN, STEP TOUCH**

- 45 Cross right behind left heel
- 46 Unwind a full turn right
- 47-48 Step left to left side touch right beside left

### **¼ TURN SHUFFLE, STEP PIVOT ¼ TURN TWICE**

- 49&50 Pivot ¼ turn right as shuffle forward right-left-right
- 51-52 Step forward on ball of left. Pivot ¼ turn right. Weight ends on right
- 53-54 Repeat steps 51-52

### **FORWARD SHUFFLE, HEEL SWITCHES, HOLD:**

- 55&56 Shuffle forward left-right-left
- 57& Right heel forward. Step right in place
- 58& Left heel forward. Step left in place
- 59-60 Right heel forward. Hold

### **SHOULDER SHIMMIES:**

- 61-62 As you step in place on right, shimmy forward
- 63-64 Lean slightly back shimmy shoulders

### **REPEAT**

#### **Alternative moves - if you want to make the dance more hip-hop on steps:**

- 14 Mashed potato step forward
  - 5-8 Mashed potato step back
  - 57-60 Street-wise running man
  - 61-64 Snake-rolls right and left
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