

Celtic Boots

拍數: 32 牆數: 4 級數: Intermediate
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音樂: Cry of the Celts - Ronan Hardiman



SUGAR FOOT, AND CROSS AND CROSS, HEEL JACKS TWICE

1-2 Touch right toe to left instep, touch right heel to left instep
&3 Step to right side with right, cross left over right
&4 Step to right side with right, cross left over right
&5&6 Step back on right, touch left heel forward, step to left side on left, cross right over left
&7&8 Step back on left, touch right heel forward, step to right side on right, step forward on left

STEP, ½ TURN, STEP, HEELS OUT, HEELS IN, TWICE

1-2 Step forward right, pivot ½ turn left
3&4 Step forward right, on balls of both feet swivel both heels out and in
5-6 Step forward left, pivot ½ turn right
7&8 Step forward left, on balls of both feet swivel both heels out and in

½ MONTEREY TURN, CHASSE LEFT, BACK ROCK WITH ¼ TURN RIGHT, POINT RIGHT AND LEFT

1-2 Point right toe to right side, pivot ½ turn right on ball of left stepping right next to left
3&4 Step left to left side, step right beside left, step left to left side
5-6 Rock back on right making ¼ turn right, rock forward on left
7&8 Point right toe to right side, step right beside left, point left toe to left side

STEP LEFT TOGETHER, ½ MONTEREY TURN, CHASSE LEFT, BACK ROCK STEP RIGHT PIVOTING ½ TURN LEFT, STEP LEFT TOGETHER

&1 Step left beside right, point right toe to right side
2 Pivot ½ turn right on ball of left stepping right next to left
3&4 Step left to left side, step right beside left, step left to left side
5-6 Rock back on right, rock forward on left
7-8 Step right to right side pivoting ½ turn left on ball of right, step left beside right

REPEAT

From the 5th wall onwards, optional claps can be introduced in sections 1 and 2

In section 1 - on count 1 and on count 2

In section 2 - on the offbeat following counts 1, 2, 5 and 6