

# Cecilia

**COPPER** **NOB**  
BY STEPHEN

拍數: 0                      牆數: 4                      級數: Improver  
編舞者: Sherry Palencia (USA)  
音樂: Cecilia - Simon & Garfunkel



Sequence: AA, B plus 4-count tag, A, B (only 16 counts), A, B, A, B

## SECTION A

### SHUFFLE RIGHT, ROCK STEP, KICK BALL POINT, KICK BALL POINT,

1-4                      Shuffle to right (right, left, right), rock back on left  
5-8                      Kick left foot forward, step down and point right foot to right side, kick right foot forward, step down and point left foot to left side.

### SHUFFLE LEFT, ROCK STEP, HALF PIVOT, SHUFFLE TURN

1-4                      Shuffle to left (left, right, left), rock back on right  
5-6                      Step forward on right, pivot  $\frac{1}{2}$  turn left,  
7&8                      Left shuffle turn to face front wall

Easy option for beginners: replace shuffle turn with a left  $\frac{1}{2}$  pivot

### POINT RIGHT, POINT LEFT, POINT FORWARD, POINT BACK, KNEE UP, DOWN, KNEE BALL CHANGE,

1-2                      Right foot points right, left foot points left  
3-4                      Right foot points forward, left foot points back  
5-6                      Lift left knee up, tap down,  
7-8                      Lift knee up and step ball change

### SHUFFLE, PIVOT, RIGHT AND LEFT SAILOR SHUFFLE

1-4                      Left foot shuffles forward, pivot  $\frac{1}{4}$  to left  
5-8                      Right sailor shuffle and left sailor shuffle

## SECTION B

### 4 SYNCOPATED CROSSES AND POINTS

&1&2                      Lift right knee and step across left foot on count 1, lift left knee before pointing left on count 2  
&3&4                      Lift left knee and step across right foot on count 3, lift right knee before pointing right on count 4  
&5&6&7&8                      Repeat above

### WALK BACK AND $\frac{1}{2}$ PADDLE TURN

1-4                      Walk back, right, left, right, left  
5-8                      Turning left, do  $\frac{1}{8}$  paddle turn 4 times

### ROCK RIGHT, RIGHT SAILOR SHUFFLE, COASTER, KICK BALL CHANGE

1-2                      Rock right, recover  
3-4                      Right sailors shuffle  
5&6                      Turning  $\frac{1}{4}$  left, do left coaster step  
7&8                      Right kickball change

### ROCK RIGHT, RIGHT SAILOR SHUFFLE, COASTER, KICK BALL CHANGE

1-2                      Rock right, recover  
3-4                      Right sailors shuffle  
5&6                      Turning  $\frac{1}{4}$  left, do left coaster step  
7&8                      Right kickball change

**TAG**

1-4

Strut forward, right, left, right, left for 4 counts

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